

Northeast Pierce Resource Guide

Where to Go for Help, to Volunteer, and to Donate
In the Bonney Lake, Sumner, Buckley, & Orting Communities
Edition 2022

COVID-19 NOTICE

Due to Covid-19 pandemic restrictions, many resources listed may not be available or have modified procedures & service dates/times. PLEASE CONTACT THEM DIRECTLY FOR THE MOST UP TO DATE INFORMATION! For updated Covid-19 information, vaccinations and resources, please visit the Tacoma-Pierce County Health Department's [website](https://tpchd.org/healthy-people/human-coronavirus):
tpchd.org/healthy-people/human-coronavirus

CONTENTS

General Assistance & Resources	Page 2 - 3.
Food, Hot Meals.	Page 4 - 7.
Clothing, Personal Hygiene, Household Commodities . . .	Page 8 - 9.
Transportation	Page 10 - 11.
Healthcare, Dental, Vision	Page 12 - 14.
Housing, Homeless, Home Repair	Page 15 - 17.
Utility Assistance	Page 18 - 20.
Parenting, Childcare, Pregnancy:	Page 21 - 23.
Employment, Job Training, Tutoring, Continuing Ed	Page 24 - 27.
Support Groups, Care Ministries, Addiction, Recovery . . .	Page 28 - 30.
Domestic Violence	Page 31.
Community Coalitions	Page 32.
Veteran Resources	Page 33 - 34.
Senior & Disabled Resources	Pages 35 - 39.
Youth Development & Recreation Resources	Pages 40 - 44.
Other County Agencies Serving NE Pierce County.	Page 45.
School Supplies, Holiday Resources, Pierce County #s . . .	Page 46.
More Local Organizations (city, non-profit, school)	Page 47.
Orting Resources, Volunteer Opportunities, Guide Info. .	Page 48.

Download this Resource Guide online at:

- [City of Bonney Lake website](https://www.ci.bonney-lake.wa.us/), <https://www.ci.bonney-lake.wa.us/>(click on “Residents” then “Community”, then “Community Resources” to access the guide).
- [City of Buckley website](https://www.cityofbuckley.com/), <https://www.cityofbuckley.com/>(click on “Community”, then “Community resources” to access guide).
- [Sumner-Bonney Lake School District website](https://www.sumnersd.org/), <https://www.sumnersd.org/> (go to “Families”, then “Family Center”, then “Programs and Services”).
- [White River School District website](https://www.whiteriver.wednet.edu/), <https://www.whiteriver.wednet.edu/> (click “Departments” then “Student Support Services” then “Families First Coalition” to access the guide).

About this Resource Guide:

The information contained in this guide focuses on basic needs and ways to get involved in the community through community service and support through donations. Every attempt is made to provide accurate and inclusive information. This is not intended as a guide to recreation or all non-profits and service groups. To update information or include new services in Northeast Pierce County (White River, Sumner, Carbonado, and Orting School Districts), please email northeastpierceresourceguide@gmail.com . *This resource guide is a volunteer service project and not affiliated with a specific agency or organization.*

GENERAL ASSISTANCE & RESOURCES.

Sumner / Bonney Lake Family Resource Center.

- Online: <http://www.sumnersd.org>
- Phone: 253-891-6153.
- Location: 1508 Willow St. (Sumner Middle School, Portable 705), Sumner.
- Hours: Monday – Friday, 8 am-4:00 pm, closed daily from 12-1 for lunch. Closed Fridays during summer.
- Serves: Families in the Sumner-Bonney Lake School District, assisting them with connecting to community resources such as energy assistance, assisting with food and medical benefit applications, housing, classes, events, immunizations, and county-wide resources. Programs include sewing classes, summer youth programs, parenting and nutrition classes, Latino services, and more.
- Donate: School supplies, snacks for classes, diapers, stocking stuffers, gift cards, hygiene items, money.
- Volunteer: Help at summer programs, holiday giving and back to school night.

White River Community Outreach.

- Online: <https://www.facebook.com/WhiteRiverCommunityOutreach/>
- Phone: 360-761-7897.
- Location: at the Buckley Senior Center 811 Main St Buckley 98321.
- Hours: Monday Tuesday 10-1 & Thursday 10 am-12pm .
- Serves: The greater Buckley and Bonney Lake communities, connecting them to local and county resources.
- Donate: Personal hygiene items, powdered laundry soap, gift cards for gas or shoes, money.
- Volunteer: Call WRCO for volunteer opportunities.

White River Family Resource Center.

- Online: <https://www.tpchd.org/healthy-people/family-support-partnership/family-support-centers>
- Phone: 360-829-5883.
- Location: the former Wickersham School Campus, 250 W. Main (building 200), Buckley WA 98321.
- Hours: Monday-Thursday 8-4:30pm Friday 8-2:30 pm.
- Serves: Children and families in the White River School District through a broad range of support services and activities. Triple P Parenting workshops, in-home parent support, linkages to resources, Energy Assistance/SNAP program, Covid -19 PPE, Diaper Bank 30diapers per child & box of wipes, some baby supplies.
- Donate: school supplies .
- Volunteer: School supply distribution in August.

Plateau Outreach Ministries (Samaritan Project).

- Online: <https://www.plateauoutreach.org/>.
- Phone: 360-825-8961.
- Location: 1806 Cole St, Enumclaw.
- Hours: Monday, Wednesday, & Thursday 9:30 – 11:30 for walk-in appointments.
- Serves residents of Buckley, South Prairie, Wilkeson, Carbonado, Enumclaw, and Black Diamond. Provides assistance to become self-sustaining (rent, utilities, medical, food, clothing, counseling, case management, and senior services).
- Donate: Clothing, food, or money; donate items to the POM thrift store More Pennies from Heaven.
- Volunteer: At food bank, thrift store, working directly with clients, or administrative tasks.

Bridges of Love NW, Pierce County (formerly Love, INC).

- Online: <https://www.bridgesoflovenw.org/>.
- Phone: Client Line: 253-531-2366; Church/Volunteer Line: 253-531-2365.
- Location: 10213 139th St. Ct. E. #81, Puyallup.
- Hours: See website or call Client Line: 253-531-2366.
- Serves: Bridges of Love affiliates, through church volunteers, serve **anyone with a manageable need** in their service area. A manageable need means that the people and resources identified are available from the local churches (or community agencies, charities or ministries) that exist to address the need. NOT an emergency or relief organization.
- Donate: See website or call Church/Volunteer Line.
- Volunteer: Partial applications available online.

GENERAL ASSISTANCE & RESOURCES (continued on next page).

GENERAL ASSISTANCE & RESOURCES (continuing from previous page).

Readiness to Learn, Puget Sound Educational Service District.

- Phone: (253) 778-7600.
- Serves: Provides support services to families with K-12 children in all school districts. Includes helping families develop problem-solving skills, linking them with resources and encouraging ways to support their children in school. Can self-refer or refer through schools (call your school for more information). Services are free and voluntary.

DSHS Emergency Services .

- Online: <https://www.dshs.wa.gov/esa/community-services-offices/emergency-programs>.
- Serves: Provides food & cash assistance, medical services. Meet eligibility requirements for Temporary Assistance for Needy Families (TANF), State Family Assistance (SFA), or Refugee Cash Assistance (RCA), have an emergency housing, utility or other need; and have a good reason that you had insufficient funds to pay your housing or utility costs.

ONLINE RESOURCES AND GUIDES:

- [Pierce County Online Resource Guide](https://www.piercecountywa.gov/1992/All-Resources). <https://www.piercecountywa.gov/1992/All-Resources>
- [Within Reach Resource Finder Online](https://resources.parenthelp123.org/). <https://resources.parenthelp123.org/>.
- [Washington Information Network 2-1-1](http://www.resourcehouse.org/WIN211). <http://www.resourcehouse.org/WIN211>
- [Washington Connection](http://www.washingtonconnection.org). Find services and apply for benefits. <http://www.washingtonconnection.org>
- [Washington Teen Help](http://www.washingtonteenhelp.org), 1-800-322-2588. <http://www.washingtonteenhelp.org>

FOOD, HOT MEALS.

Bonney Lake Food Bank.

- Online: <http://www.bonneylakefoodbank.org>.
- Phone: 253-303-5909.
- Location: 24015 SR-410 Buckley Wa 98321.
- Hours: Monday- Friday 10am-1pm.
- Serves: Residents of Bonney Lake and greater area.
- Volunteer: Van/truck driver and assistant to pick-up food, sort & stock food, work with clients and more.

Buckley Kiwanis Food Bank.

- Online: <https://www.facebook.com/buckleyfoodbank/>.
- Phone: 253-266-7309.
- Location: 127 N. River Ave., Buckley.
- Hours: Wednesdays 9 am – 12 noon and Fridays 9 am – 12 noon.
- Serves: Residents in White River and Carbonado School Districts. Homebound Senior Program available.
- Volunteer: Contact the Food Bank for volunteer opportunities.

Emmanuel Food Pantry.

- Online: <http://www.standrewsumner.org>.
- Phone: 253-350-4899.
- Location: at St. Andrews Catholic Church, 1402 Valley Ave., Sumner.
- Hours: Mondays 10 am - 12 pm, Wednesdays 3 pm - 5 pm, and Fridays 10 am-12 pm.
- Serves: Residents of Sumner, Bonney Lake, Lake Tapps & Orting.
- Volunteer: Food pickup or delivery, bag food, help make holiday food baskets. Donate Food.

Sumner Community Food Bank.

- Online: <http://www.sumnerfoodbank.org>.
- Phone: 253-863-2996, 253-863-3793.
- Location: 15625 Main St. E., Sumner.
- Hours: Monday- Saturday 10am-1pm Thursday 5-7pm.
- Serves: Everyone in need.
- Volunteer: Sort and bag food, help make holiday food baskets. Donate Food.

Plateau Outreach Ministries Food Bank.

- Online: <http://www.plateauoutreach.com>.
- Phone: 360-802-2220.
- Location: 1806 Cole St., Enumclaw.
- Hours: Wednesdays 9:00 am – 12 noon. Emergency Pantry open Mon – Sat 10 am – 3 pm.
- Serves: Residents of Buckley, Bonney Lake, Carbonado, Wilkeson, South Prairie, & Enumclaw.
- Volunteer: Help unload NW Harvest food truck Mon. 12:30 to 1:00 pm, and help in a thrift store.

WonGen Central Community Services.

- Online: <http://www.wongcentral.org>.

Nourish Pierce County Food Banks of Pierce County (formerly FISH).

- Online: <http://www.nourishpc.org>
- Phone: 253-846-3805.
- Location: Graham/South Hill at Holy Disciples Catholic Church, 10425 187th St East, Puyallup WA 98374.

FOOD / HOT MEALS (CONTINUED ON NEXT PAGE).

FOOD / HOT MEALS (continued from previous page).

WIC (Womens, Infants, Children Nutrition Supplement Program).

- Online: <https://www.doh.wa.gov/youandyourfamily/wic>.
- Phone: (253) 446-3238. Puyallup main office 253-848-0490.
- Location: Operating remotely only.
- Hours: Mondays: 8am-4:15pm, Closed 12:15-1:00pm.
- Serves: A food food & vouchers for pregnant, breastfeeding & postpartum women, infants, & young children under 5.

Prairie Ridge Wednesdays Free Community Dinner.

- Online: <https://www.facebook.com/PrairieRidgeCommunityCoalition>.
- Phone: Email is preferred marybethholmessprc@gmail.com.
- Location: at Rec Hall 14205 215th Ave. E., Bonney Lake.
- Hours: Wednesdays from 6pm – 6:30pm. Some exceptions on scheduling (follow “Prairie Ridge Community Coalition” on Facebook for menu & updates).
- Serves: Community feeding program open to all with emphasis on Prairie Ridge families.
- Donate: Food and supply donations.
- Volunteer: Help serve or prepare meals.

Buckley Soup.

- Online: <https://www.cityofbuckley.com/communitysoupsupper>.
- Phone: 360-829-0190.
- Location: at the Anchor House Coffee, 873 main Street, Buckley, WA 98321.
- Hours: Open to everyone on 2nd and 4th Wednesdays at 6:00 pm. Sponsored by different groups each month.

“Full Bellies” Enumclaw Free Meal Site, Sponsored by Rainier Foothills Wellness Foundation.

- Online: <https://www.rfwellnessfoundation.org/initiatives/fullbellies/>.
- Email: fullbellies@yahoo.com.
- phone : 360-802-3206.
- Location: at Calvary Presbyterian Church, 1725 Porter St., Enumclaw.
- Hours: Open to everyone every Thursday except the last Thurs. 5 – 6 pm. No dining in house but can stay to converse.
- Serves: Everyone is Welcome.
- Volunteer: Each dinner prepared by various community groups. Contact for volunteer opportunities.

Senior Center Lunch Programs:

Bonney Lake Senior Center Lunch Program.

- Phone: 253-863-7658.
- Location: 19304 Bonney Lake Blvd., Bonney Lake.
- Hours: Lunch served Monday – Friday at 11:45 am.
- Serves: \$5 suggested donation (\$7 for non-seniors under 55). Starting Feb 14 2022 in door dining vaccination required.

Sumner Senior Center Lunch Program.

- Phone: 253-891-2910.
- Location: 15506 62nd St. E., Sumner.
- Hours: Lunch served Monday – Friday at 11:45 am.
- Serves: \$3 suggested donation (\$5 for under age 60). Meals on wheels available.

Buckley Senior Center Lunch Program.

- Phone: 360-829-0190.
- Location: 811 Main St., Buckley.
- Hours: Lunch served Monday – Friday at noon, please call ahead, pickup only.
- Serves: seniors.

FOOD / HOT MEALS (CONTINUED ON NEXT PAGE).

FOOD / HOT MEALS (continued from previous page).

Neighbors Feeding Neighbors.

- Phone: 360-825-4741.
- Serves: for homebound seniors on the Plateau presented by Rainier Foothills Wellness Foundation. Each meal costs \$5.00 which NFN leaders are asking the senior, or their family to pay if possible. No senior turned away because of inability to pay.
- Volunteer: Help prepare and deliver meals.

Mother 2 Many Skate Park Outreach.

- Online: <http://www.mother2many.org>.
- Phone: 253-921-2138, email info@mother2many.org.
- Location: at Sumner Skate Park Mon. & Wed. 2:30 – 3:45 pm rain or shine except school holidays; Wednesdays at Buckley Skate Park 3:30 - 4:30 pm until the end of Oct.; Enumclaw Library Mondays 5:00 pm through Sept; Puyallup Skate Park 4-5:30 on Fridays. Provides Buckley Youth Center with sandwiches weekly throughout the year.
- Serves: Provides food and clothing for homeless at local skate parks (no monetary support).
- Donate: Granola bars, peanut butter, jam, chips, beverages, gloves, hats, socks, coats, hygiene items.
- Volunteer: Help prepare sandwiches, distribute food, or help at fundraisers.

Summer Feeding Programs for Children: (please contact them for serving times, locations, and volunteer opportunities).

- Sumner-Bonney Lake School District .
Phone: 253-891-6000.
- Bonney Lake Food Bank.
Phone: Phone: 253-863-4043.
- Mother 2 Many.
Online: <http://www.mother2many.org>.
Phone: 253-921-2138, email info@mother2many.org.
- The Buckley Youth Activities Center .
Phone: 360-829-6534.
Location: 251 S. River Ave., Buckley.
Free lunches (noon – 1:00). Adults \$4.25.
- Prairie Ridge.
Location: Rec Hall Park, 14205 215th Ave. E, Bonney Lake.
Email: marybethholmesprc@gmail.com.

Big Give (Thanksgiving Food Baskets).

- Online: <http://www.communitybiggive.com> .
- Email biggive@livinglifeopen.com.
- Location: Distribution at Walmart Garden Center for Bonney Lake families and at Sumner High School for Sumner families on the Saturday before Thanksgiving.
- Serves: Vouchers distributed by school counselors & food banks.

Pierce County Veterans Bureau.

- Phone: 253-798-7449.
- Serves: Rental, utility, and food assistance for homeless and low income vets in Pierce County.
- Also helps with Burial services, Prescription medications, and eye wear.

Senior Farmers Market Vouchers, Pierce County Aging & Disability Resource Center.

- Phone: 253-798-4600.
- Serves: Provides low income, Pierce County seniors with vouchers to purchase produce from participating farmers markets and roadside stands. Eligible applicants age 60+ (or 55+ if Native American or Native Alaskan), must be able to pick up vouchers in person at a local location.

FOOD / HOT MEALS (CONTINUED ON NEXT PAGE).

FOOD / HOT MEALS (continued from previous page).

Hearts and Homes, Calvary Community Church, Sumner.

- Phone: 253-863-3352, extension 700
- Serves: Prepares home cooked meals which are provided to families dealing with illness or crisis.

Mountain View Community Center Free Dinner .

- Phone: 253-826-4329.
- Location: 3607 122nd Ave E, Edgewood.
- Hours: Thurs. at 5pm .
- Serves: Primarily serves residents of Sumner, Puyallup, Edgewood, Milton & Fife. Other services are also available.

Hot Meal Sites in Puyallup:

- National Guard Armory, www.mil.wa.gov , 253-840-4670, 622 4th Ave SE, Puyallup. Monday - Friday 6pm .
- Peace Lutheran Church, 623 9th Ave. SW, Puyallup, Mon, Wed. & Fri. Noon – 5:00 pm (Lunch 1:00 – 3:30) .
- Community Of Christ Church, 503 2nd St. SW, Puyallup, Tues & Thurs. Noon – 3pm .
- Peace Lutheran Church, 214 E. Pioneer Ave. Puyallup WA 253-845-8819.
- Immanuel Lutheran Church, 720 West Main St., Puyallup, Sundays 2pm . www.ilcpuyallup.org .

Home Delivered Meals from Catholic Community Services.

- Online: <http://www.ccsww.org>.
- Phone: 253-474-1200.
- Serves: free home-delivered meals to elderly in Pierce County who are unable to leave their homes to shop or find it difficult to prepare meals. Must be home-bound, do not drive, or live with someone who drives. Meals arrive frozen.

Bonney Lake Community Garden, City of Bonney Lake & Bonney Lake Community Resources.

- Online: https://www.ci.bonney-lake.wa.us/residents/community/community_garden.
- Phone: 253-447-3281.
- Location: 18421 89th ST E, Bonney Lake, WA 98391.
- Serves: Assigned garden plots available at no charge. Call or see website for more information.

Sumner Community Gardens, City of Sumner.

- Location: Shepherd's Field at 245 Valley Ave. E.

Family Food Hotline: 1-888-4FOODWA (1-888-436-6392).

Food Assistance. <https://www.washingtonconnection.org/home>.

- Medical, childcare, cash and long term care benefits. Can also renew benefits, report changes, and find services.
- Any FAMILY RESOURCE CENTER CAN ALSO HELP YOU APPLY go to fsppartnership@tpchd.org or call (253) 649-1012 to find one nearest to you.

CLOTHING, PERSONAL HYGIENE, HOUSEHOLD COMMODITIES.

Bonney Lake Seventh-Day Adventist Church Community Services .

- Online: <https://bonneylakewa.adventistchurch.org/ministries/community-services>.
- Phone: 253-862-8620.
- Location: 11503 214th Ave S., Bonney Lake (Entrance located in back of the church).
- Serves: Adults and children, providing clothing, household products, toiletries, diapers, and more.
- Open: 1st and 3rd Mondays of month, 9 a.m. to 11 a.m. and the 2nd, 4th, and 5th Mondays from 10 a.m. to 1 p.m.
- Donate: non-perishable personal care items such as toothpaste, toilet paper, soap, gently-used (and clean!) clothing.
- Volunteer: Sort and organize clothing.

Lions 4 Kids House.

- Online: <http://www.lions4kids.com>.
- Phone: 253-447-3844.
- Location: 18429 89th St. E., Bonney Lake (behind Grocery Outlet).
- Serves: Children of all ages, providing clothing, school supplies & personal care items in the Sumner, Orting, White River, Carbonado, & Dieringer School Districts. Referral required. Also does Prom Project.
- Open: Hours vary depending on time of year – please call – referral is required.
- Donate: Children’s clothing, new underwear and socks, prom dresses, toiletries & school supplies.
- Volunteer: Sort clothing, help children choose clothing, building maintenance, yard work, haircutters, & special events.

Donald Loomis Memorial Clothing Bank.

- Online: <https://www.loomisclothingbank.com/>.
- Phone: (253) 740-1367.
- Location: 250 Main St. (Wickersham campus in portable), Buckley.
- Serves: Children & adults in the White River and Carbonado School Districts
- Open: Sept. - May, Wednesdays from 1 - 3 PM, 1st & 3rd Saturdays from 10 - 12 PM, Closed during school closures.
- Donate: Gently used clothing, shoes, coats, backpacks, school supplies, toiletries, new underwear and socks.
- Volunteer: Sort and organize clothing.

St. Francis House.

- Online: <https://www.puyallupfrancishouse.org/>.
- Phone: (253) 770-6991.
- Location: 322 7th St. S.E., Puyallup.
- Serves: Families living below poverty line in East Pierce County.
- Provides: furniture, clothing, household goods, & ESL classes, emergency assistance.
- Open: Call for updated hours .
- Donate: Furniture, appliances, clothing, household items, or money. Call for limitations and hours.
- Volunteer: various opportunities.

Plateau Outreach Ministries Clothing Bank.

- Online: <http://www.plateauoutreach.com>.
- Phone: 360-825-8961.
- Location: 1806 Cole St., Enumclaw.
- Serves: Residents of Buckley, Bonney Lake, Carbonado, Wilkeson, South Prairie, & Enumclaw. Clothing provided through POM’s More Pennies From Heaven Thrift Store .
- Open: Call for hours.
- Donate: Clothing and household items that support the thrift store.
- Volunteer: Donation sorter, cashier, or pricer. Contact volunteer@plateauoutreach.com.

CLOTHING, PERSONAL HYGIENE, HOUSEHOLD COMMODITIES(CONTINUED ON NEXT PAGE).

CLOTHING, PERSONAL HYGIENE, HOUSEHOLD COMMODITIES (continued from previous page)

TLC Clothing Outreach.

- Online: <https://www.facebook.com/TLCClothes> .
- Location: Based in Bonney Lake.
- Serves: Children and adults (newborn – adult plus sizes) in Buckley, Carbonado, Wilkeson, South Prairie, Bonney Lake, Enumclaw, Black Diamond, and Auburn.
- Donate: Gently used clothing, shoes, coats and diapers.
- Volunteer: Sort and organize clothing.

Calvary's Community Closet.

- Online: <https://www.wearecalvary.com/community-closet/>.
- Phone: 253-863-3352 x700.
- Location: 15116 Gary St. (Annex Bldg), Sumner.
- Serves: Children birth to 12th grade - referral form required for all requests.
- Open: by appointment.
- Donate: New and gently used clothing for children, shoes, new underwear and socks.
- Volunteer: Sort and organize clothing and assist guests in finding clothing items.

Mother 2 Many Ministry.

- Online: <http://www.mother2many.org>.
- Email: info@mother2many.org.
- Location: Bonney Lake.
- Serves: Helping homeless teens & young adults at local skateparks and youth centers with snacks, support, clothing, coats, and personal care items.
- Donations needed. Email or see website.

The Wishing Well Foundation .

- Online: <http://www.thewishingwellwa.org>.
- Phone: 206-406-2398.
- Location: 12716 Pacific Avenue South, Tacoma.
- Serves: Provides new and gently used clothes to children 0 – 18 years old in the foster care system in Pierce County.
- Donate: accepted on Wednesdays and Sundays from 10:00 a.m. to 2:00 p.m. or by appointment. They accept New and VERY gently used clothing for children from newborn to 18 years of age. Toys, bikes, and puzzles. We do not accept small McDonald's type toys or stuffed animals. Books for all ages from infants to teens.

TRANSPORTATION.

Beyond the Borders Connector Routes (Sumner/Bonney Lake ONLY).

- Online: <http://www.co.pierce.wa.us/index.aspx?NID=1269>.
- Phone: 253-476-4657, 1-888-600-8043.
- Serves: Older adults, individuals with disabilities, people with lower incomes, and youth ages 12 - 17 living in Sumner/Bonney Lake.
- Provides: Free, unlimited regular bus service route hourly in the Sumner/Bonney Lake area; <https://www.piercecountywa.gov/DocumentCenter/View/92500/Sumner-BtB-Schedule-covid-update>.
- Open: M – F, 8 am – 4 pm. Must register at least 24 hours advance during regular business hours - Call 1-888-572-4657 to register.

Beyond the Borders Demand-Response Service.

- Online: <http://www.co.pierce.wa.us/index.aspx?NID=1269>.
- Phone: 1-888-600-8043.
- Serves: People with low incomes, disabled, seniors, and youth ages 12 – 17 may be eligible. Eligibility limited to:
Work-related trips (maximum ride total of \$750/month per person).
Transportation to dialysis appointments (unlimited).
- Provides: Free transportation services to people in rural Pierce County (including Buckley, Bonney Lake, South Prairie, Carbonado, Wilkeson, and Orting).
- Open: Monday through Saturday 6am to 10pm .

Beyond the Borders Essential Transportation Project.

- Online: <http://www.co.pierce.wa.us/index.aspx?NID=1269>.
- Phone: (253) 476-4657.
- Serves: Low-income, seniors, persons with disabilities and/or youth ages 12 to 17 in White River, Sumner, Carbonado, Orting and other School Districts. All riders must complete an eligibility screening to use the service.
- Provides: Free transportation to essential services. Three round-trip door-to-door rides provided per month to food banks, family support centers, WIC offices, clothing banks, mandatory school meetings, etc. Trip requests to destinations outside the area will be transported to the nearest bus stop connection. Service from Buckley to Plateau Outreach Ministries in Enumclaw is also available. Medical appointment transportation must be non-Medicaid.
- Open: Available Monday through Saturday 6 am to 10 pm.

Care Van .

- Online: <http://www.rfwellnessfoundation.org/initiatives/care-van/>.
- Phone: 360-802-3206.
- Serves: Anyone who lives in the areas of Buckley, Carbonado, Wilkeson, & Enumclaw who displays hardship for transportation. Children under 16 must be accompanied by an adult.
- Provides: Transportation to appointments and medical-related issues only (non-emergency medical appointments, physical therapy, eye exams, chiropractic, prescription pick-up, etc.) at no cost. Wheelchair accessible.
- Open: Available Monday through Friday 9am – 4pm. Call 2 -14 days in advance of the appointment.
- Volunteer: Drivers needed – please call for more information on how to volunteer.

American Cancer Society Road to Recovery Curbside-to-Curbside Transportation Services.

- Online: <http://cancer.org/treatment/support-programs-and-services/road-to-recovery/>.
- Phone: Call to schedule 800-227-2345, or <http://www.cancer.org/drive>.
- Serves: cancer patients.
- Provides: Provides free rides to cancer patients to and from treatments. Transportation provided based on community resources and needs and not available in all areas. Minimum of four business days' notice in advance of when a ride is needed.
- Open: primarily Monday - Friday.
- Volunteer: Drivers needed in all areas.

TRANSPORTATION (CONTINUED ON NEXT PAGE)

TRANSPORTATION (Continued from previous page)

Catholic Community Services .

- Online: <http://www.ccsww.org/get-help/services-for-seniors-people-with-disabilities/volunteer-services/>.
- Phone: 253-502-2690.
- Serves: Individuals with limited transportation options due to physical or mental disabilities have no family or neighbors to assist them, live outside of public transit service areas and/or cannot afford transportation services. May also serve older adults who are not low income who live in rural areas, can no longer safely drive, & have no other transportation options.
- Provides: Volunteer drivers take individuals to medical appointments, grocery shopping, food bank, and vital services.
- Open: To set up services, contact the program manager through the website, listed under Southwest>Pierce County.

Sound Transit Express Rt 596.

- Online: <http://www.soundtransit.org/Schedules/ST-Express-Bus/596>.
- Phone: 1-888-889-6368.
- Provides: Provides ST Express Bus service to and from Bonney Lake Park & Ride to the Sumner Station weekdays during morning and evening commute hours only.

Sound Transit Sounder Train Service.

- Online: <http://www.soundtransit.org>.
- Phone: 1-888-889-6368.
- Provides: Provides Sounder Train Service including stops at Sumner and Puyallup.

Paratransit Services .

- Online: <http://www.wanemt.com>.
- Phone: 1-800-925-5438.
- Serves: Elderly, disabled, economically disadvantaged individuals who have a Medical Assistance card (DSHS Provider One ID) and have no other way to get to a medical appointment.
- Provides: Provides transportation services for non-emergency medical appointments. Cabulance, transit fare, volunteer drivers, shared ride, and fuel or mileage reimbursement options.

Pierce Transit .

- Online: <http://www.piercetransit.org/vanshare/>.
- Serves: Serves groups of 5 to 15 people traveling to and from work whose origin and destination are in Pierce County.
- Provides: VanPool - The cost is based on commuter miles and number of riders each month. Join an existing vanpool or start a new group. VanShare – Serves groups of 3 or more that travel 30 or less miles round trip per day.

RideShare.

- Online: <http://rideshareonline.com>.
- Phone: 1-888-814-1300.
- Provides: Assists commuters by providing free carpool, vanpool and bicycle ride matching services, bus/rail options, and SchoolPool carpooling programs for parents.

Orca Lift – Reduced Transit Fare .

- Online: <http://www.orcalift.com>.
- Phone: 206-553-3000.
- Serves: Low-income adults 19-65 with youth cards at no charge for Lift card holders.
- Eligibility is based on household income.
- Provides: Save 50% or more on Sounder train, Sound Transit Buses, Link Light Rail, Metro Transit and more.

HEALTH CARE, DENTAL, VISION

Washington Health Benefit Exchange.

- Online: <http://www.wahbexchange.org>.
- Phone: 1-855-923-4633.
- Provides: A marketplace for health and dental insurance coverage. Open enrollment typically November to mid-December.

Washington Basic Health Care Plan, Washington Health Care Authority.

- Online: <https://www.hca.wa.gov/health-care-services-supports>.
- Phone: 800-826-2444.
- Serves: For low-income adults under age 65.
- Provides: Health care and support services.

Washington Prescription Drug Program, Washington Health Care Authority.

- Online: <https://www.hca.wa.gov/about-hca/prescription-drug-program>.
- Phone: 800-913-4146.
- Provides: Reduced prescription drug cost. Enroll online.

Pierce County Project Access.

- Online: <https://www.pcprojectaccess.org/>.
- Phone: 253-572-7265.
- Serves: uninsured.
- Provides: for donated medical care, deductions, etc.

Northwest Lions Foundation for Sight & Hearing / Bonney Lake Lions Club .

- Online: <http://www.bonneylakelions.com>.
- Provides: Provides glasses & hearing aids for those in need.
- Donate: Used glasses & hearing aids to multiple locations (see website for sites).

Vision WA.

- Online: <https://eyes.org/patients-and-public/vision-wa>.
- Serves: Low-Income Uninsured Americans.
- Provides: Providing Free Eye Exams .

Senior Centers.

- **Bonney Lake Senior Center.**
 - Online: https://www.ci.bonney-lake.wa.us/Government/departments/Administrative_Services/Senior_Center.
 - Phone: 253-863-7658.
 - Location: 19304 Bonney Lake Blvd.
 - Serves: seniors.
 - Provides: caregiver support groups, blood pressure checks, eldercare law assistance, medical equipment lending.
- **Buckley Senior Center .**
 - Online: <https://www.cityofbuckley.com/seniorcenter>.
 - Phone: Cloe Mickelson 360-761-7894.
 - Location: 811 Main St., Buckley.
 - Serves: seniors.
 - Provides: blood pressure checks.

HEALTH CARE, DENTAL , VISION (CONTINUED ON NEXT PAGE)

HEALTH CARE, DENTAL, VISION (Continued from previous page)

Mobile Dental Clinic .

- Online: <https://www.rfwellnessfoundation.org/initiatives/mobile-dental-van/>.
- Phone: 360-825-4586.
- Serves: low-income adults who have a serious dental problem (such as pain or an abscessed or broken tooth) and no dental insurance (private or Medicaid coverage) or the financial means to pay for care at this time. – for individuals in Buckley, Bonney Lake, Enumclaw, South Prairie, Carbonado, Wilkeson, Black Diamond and Greenwater.
- Provides: Non-preventative dental care .
- Volunteer: Local dentists can donate time and services.

Pierce County Immunization Sites and Information.

- Online: <https://www.tpchd.org/healthy-people/immunizations>.
- Serves: uninsured/underinsured adults, children.
- Provides: Lists free children immunization sites, adult immunization sites, requirements for schools, vaccination schedules, how to get records, and info about vaccines.

Smoking Cessation Help.

- Online:
[Quit Assist online](https://www.quitassist.com/index.html) . <https://www.quitassist.com/index.html>
[Online classes at MultiCare](https://www.multicare.org/services-and-departments/tobacco-cessation/virginia-mason-chi-franciscan-services) . <https://www.multicare.org/services-and-departments/tobacco-cessation/virginia-mason-chi-franciscan-services>
[Virginia Mason, CHI Franciscan services](https://www.chifranciscan.org/health-care-services.html) . <https://www.chifranciscan.org/health-care-services.html>
- Phone:
1-800-QUITNOW WA.
State Quit Line 1-800-784-8669.
Spanish Quit Line (800)266-3863.
Franciscan Health System (253)223-7538 .
St. Elizabeth Hospital, Enumclaw (859) 301-9355.

Clean Air for Kids Asthma Outreach, Tacoma Pierce County Health Dept.

- Online: <http://www.tpchd.org/asthma>.
- Phone: 253- 649-1648.
- Provides: In-home service includes home environmental assessments, asthma management plan & supplies.

Community Health Care Clinic.

- Online: <http://www.commhealth.org>.
- Phone:
Medical Appointment Line: (253) 722-2161.
Dental Appointment Line: (253) 722-2151.
Insurance Enrollment Assistance: (253) 722-2154.
- Location: Pacific Ave. & 112th, Parkland.
- Serves: No one denied care based on inability to pay.
- Provides: Primary medical and dental care through 8 clinics (Parkland clinic is closest to Sumner/Bonney Lake area). Medical coupons, insurance plans, and payment options. Women's clinic, DV clinic, Homeless, and foot care for seniors.

Lindquist Dental Clinic for Children.

- Online: <https://lindquistdental.org/>.
- Phone: 253-539-7445.
- Location: 130-131st Street (off Pacific Ave.), Parkland.
- Serves: Puget Sound children in need, ages 0 -20. No child is turned away due to a family's inability to pay.
- Provides: Offers dental services and emergency care. Accepts Apple Health, TriCare Dental (with no out-of-pocket for covered services for qualified), private insurance, sliding fee and Uncompensated Care Scholarship options for under and uninsured children.

HEALTH CARE, DENTAL , VISION (CONTINUED ON NEXT PAGE)

HEALTH CARE, DENTAL, VISION (Continued from previous page)

Pierce College Dental Hygiene Clinic

- Online: <https://www.pierce.ctc.edu/dental-clinic>.
- Phone: 253-964-6694, Email: dhclinic@pierce.ctc.edu.
- Location: 9401 Farwest Dr. S.W., Lakewood.
- Provides: Low cost preventative dental care.
- Open: Call 253-964-6694 to get an appointment.

Spark A Smile Foundation.

- Online: <https://molenorthodontics.com/about-molen/spark-a-smile/>.
- Serves: The applicant must be a resident of Auburn, Enumclaw, Sumner, Buckley, Orting, Bonney Lake or surrounding areas. • Must be willing during the treatment period to “Pay it Forward” by completing 40 hours of community service. • Must have a significant aesthetic need for braces • Family income must not exceed 185% of the poverty threshold (qualify for free school lunch program) • Must be between 9 and 17 years old • Must be a currently enrolled student and performing satisfactorily in school (minimum 2.0 GPA) • Must demonstrate a positive attitude and agree to a treatment plan and commit to make all appointments on time.
- Provides: Scholarships for orthodontic care to youth who would not normally be able to afford care.

Low Cost Dental Care Resource Hotline, Tacoma-Pierce County Health Dept.

- Online: <https://www.piercecountywa.gov/3126/Dental-Care-Clinics-Resources>.
- Phone: 253-798-6044.

Elevate Health.

- Online: <http://www.elevatehealth.org>.
- Phone: 1-888-302-3029, 253-353-7250.
- Provides: Find assistance with resources and services.

SHIBA (Statewide Health Insurance Benefit Advisors).

- Online: <https://www.insurance.wa.gov/statewide-health-insurance-benefits-advisors-shiba>.
- Phone: 800-562-6900.
- Provides: Offers free unbiased counseling service provided by WA Office of the Insurance Commissioner to help make informed decisions about Medicare.

GoodRX.com.

- Online: GoodRX.com.
- Location: Free online or app.
- Provides: gathers current prices and discounts to help you find the lowest cost pharmacy for your prescriptions. No personal information required.

Family Health Hotline.

- Online: <http://www.parenthelp123.org/family-health-hotline/>.
- Phone: 1-800-322-2588, Help Me Grow Washington Hotline 1-800-322-2588.
- Provides: We can help you understand and apply for a variety of food and health resources in Washington state, including: WIC (Women, Infants & Children Nutrition Program), Basic Food (Food Stamps), Health Insurance for children, pregnant women and adults, Birth control through the Take Charge Program, Health and family planning clinics, Developmental screenings, Pregnancy and baby supplies, Breastfeeding support, Food banks, and much more.
- Open: Monday-Thursday 8:00-5:30 and Friday 8:00-5:00.

HOUSING, HOME REPAIR, HOMELESS

Access Point 4 Housing, Associated Ministries.

- Online: <http://www.associatedministries.org/access-point-for-housing>.
- Phone: 253-682-3401.
- Location: Services currently available at the Sumner Bonney Lake Family Center.
- Serves: Families or individuals at risk of, or experiencing homelessness. Provides: Centralized intake and referral system. Homelessness prevention services, assessment, case management, including rent and utility assistance.

Rental Assistance, St. Vincent de Paul.

- Phone: 253-863-4394 (message phone).
- Location: St. Andrew's Catholic Church, Sumner.
- Serves: Residents with Sumner, Bonney Lake, or Lake Tapps addresses.
- Provides: Rental assistance and additional resources to those who qualify.
- Open: Must call to set up an appointment for a home visit.

LASA (Living Access Support Alliance) Rental Assistance.

- Online: <http://www.lasawa.org>.
- Phone: 253-581-8689.
- Serves: Pierce County residents with a 3 day pay or vacate notice.
- Provides: Rental assistance. Also provide bus passes, utility assistance and prescription assistance.
- Open: Phone line open Monday – Friday 10 am – noon.

Helping Hand House.

- Online: <http://www.helpinghandhouse.org>.
- Phone: 253-848-6096.
- Provides:
 - Emergency Housing: Single family housing and basic needs for up to 90 days with intensive case management and life skills.
 - Transitional Housing: Single-family housing and intensive case management for up to 24 months with strong emphasis on financial literacy, life skills and workforce training.
 - Rapid Rehousing: Temporary, tailored financial and housing stabilization services that will enable families to quickly locate and become self-sufficient in their own housing.
 - Permanent Supportive Housing: Single-family housing support, life-skills training, and intensive case management that decreases gradually as financial resources and skills improve to enable independence.
- Volunteer: Yard care, prep a home, supply drive, adopt a family, baked goods, and more.

Pierce County Housing and Rental Assistance Programs.

- Online: <http://www.pchawa.org/Housing>.
- Phone: 253-620-6400.
- Serves: Property locations throughout Pierce County.
- Provides: Section 8, Low Income Public Housing Program, Family Self Sufficiency Program, utility allowance schedules, and a list of rental properties accepting Section 8.

Vine Maple Place.

- Online: <http://www.vinemappleplace.org>.
- Phone: 425-432-2119.
- Location: Maple Valley.
- Serves: Single-parent families by providing them with transitional housing and support services.

Shared Housing Services.

- Online: <http://www.sharedhousingservices.org>.
- Phone: 253-272-1532.
- Serves: Focus on low income adults, elderly, and disabled. Families experiencing homelessness.
- Provides: Transitional family housing program. Facilitates matching of those who wish to share their homes with those needing low-cost housing.

HOUSING, HOME REPAIR, HOMELESS (CONTINUED ON NEXT PAGE)

HOUSING / HOME REPAIR / HOMELESS (Continued from previous page)

Affordable Rental of Pierce County (sponsored by MDC).

- Online: <http://www.affordablerentalpc.org>.
- Serves: It is free for landlords to post their empty units and free for people to browse for their new home.
- Provides: A one-stop on-line shop for affordable places to rent in Pierce County.

Rebuilding Together South Sound.

- Online: <http://www.rebuildingtogetherss.org>.
- Phone: 253-238-0977.
- Serves: Pierce County residents, Low-income homeowners who are seniors, disabled, or families w/children.
- Provides: no-cost home repairs & modifications.
- Donate: Funds or materials (see list on website).
- Volunteer: Skills and time to help repair homes on Rebuilding Day the last weekend in April or year-round with home modifications and emergency repairs.

Need A Break Services.

- Online: <http://www.needabreak.org>.
- Phone: (253)353-7056.
- Serves: Primary focus is on single mothers and the elderly.
- Provides: Home repairs, vehicle repairs, and other gifts.
- Donate: They work with charity partners to organize volunteers and provide donations.

USDA Rural Development Home Repair, Loans and Grants.

- Phone: 253-845-0553.
- Serves: Must own or be buying a home, live in it, be unable to get other financing, live in a rural area, & be low income.
- Volunteer: Repair cars and do minor home repairs.

Senior Home Repair by Bonney Lake Senior Center & the Kiwanis Club of Bonney Lake.

- Phone: 253-863-7658.
- Serves: Seniors.
- Provides: Minor home repairs.
- Donate: Gift cards, money, firewood, supplies as needed.
- Volunteer: Help do repair projects as needed, gather firewood.

Faith in Action Team.

- Phone: 360-829-0212.
- Location: Seventh Day Adventist Reform Movement Church, Buckley.
- Serves: Elderly, those in financial need and those with health problems.
- Provides: House, yard and gutter cleaning, car oil change, pet sitting and groceries.

Pierce County Veterans Bureau.

- Phone: 253-798-7449.
- Serves: Homeless and low income vets in Pierce County.
- Provides: Rental, utility, and food assistance.

Catholic Community Services SSVF Program for Veterans.

- Phone: 253-741-5340.
- Serves: veteran families experiencing literal homelessness.
- Provides: Rapid rehousing, case management to address employment, connections to VA, medical benefits, transportation, child care, financial planning and connections to community resources.

HOUSING, HOME REPAIR, HOMELESS (CONTINUED ON NEXT PAGE)

HOUSING, HOME REPAIR, HOMELESS (continued from previous page)

Pierce County Housing Program Home Repair .

- Online: <http://www.co.pierce.wa.us>.
- Phone: 253-798-7038; **Disability Home Repair Program:** 253-798-4344.
- Serves: Homeowners and damage to rentals caused by tenants. Must have occupied the home for at least one year. Bonney Lake residents in city limits are not eligible.
- Provides: Addresses emergency health & safety issues including appliances, plumbing, roof, furnace repair and more. Apply online.

Tenant Rights in Washington State.

- Online: <http://www.washingtonlawhelp.org/resource/your-rights-as-a-tenant-in-washington> and authored by the <http://www.nwjustice.org>.
- Provides: Washington Law Help website with information from the Landlord Tenant Act. Multiple languages available.

First Time Home Buyer Assistance Program for Pierce County.

- Online: <http://www.wshfc.org/buyers/Pierce.htm>.
- Phone: 253-287-4459.
- Serves: Must live in Pierce County but outside the city limits of Tacoma, Bonney Lake, and Lakewood and meet Federal guidelines for household income.
- Provides: Funding available to assist first-time home buying, lower-income households that qualify for a mortgage but lack resources for down payment.

Foreclosure Prevention Services from South Sound Outreach.

- Online: <http://www.southsoundoutreach.org>.
- Phone: 253-593-2111.
- Serves: Homeless or those at risk for homelessness.
- Provides: Provides free, confidential default counseling and loan modification services. Assist with completing Social Security Disability claims.
- Open: Register online and complete the intake form.

Foreclosure Prevention Unit, Northwest Justice Center.

- Phone: 1-800-606-4819.
- Serves: Helps qualified people threatened with homeless foreclosure.

WA Foreclosure Prevention Resource Guide.

- Online: <http://www.tre.wa.gov/documents/waResourceGuide091710-FINAL.pdf>.

School District Homeless Education Coordinators.

- Phone:
Sumner/Bonney Lake 253-891-6537.
White River 360-829-3959.
- Provides: services to students living in transition.

Mother 2 Many Ministry.

- Online: <http://www.mother2many.org>.
- Email info@mother2many.org.
- Phone: 253-921-2138.
- Location: Bonney Lake.
- Serves: homeless teens & young adults.
- Provides: Helping with clothing, coats, and personal care items.
- Donate: Donations needed.

HOUSING, HOME REPAIR, HOMELESS (CONTINUED ON NEXT PAGE)

HOUSING, HOME REPAIR, HOMELESS (continued from previous page)

Housing 4 Success.

- Online: <http://www.reachtacoma.org/housing>.
- Phone: 253-682-3401.
- Serves: Homeless unaccompanied youth and young adults ages 13 – 24.
- Provides: Subsidized housing and case management (job, mental health, substance abuse, education, life skills and training).
- Volunteer: Host homes needed – monthly rent provided.

Freezing Nights Puyallup & Sumner, Puyallup Homeless Coalition partnership with 12 churches.

- Phone: 253-845-2897 ext. 777.
- Location: Two pick-up locations available.
- Serves: adults in Sumner and Puyallup.
- Provides: Free winter sheltering and hot meals in various locations during November - March.
- Donate: Blankets, pillows, sheets, sleeping mats, shoes, clothes, hygiene items, towels.

Winter Shelter Program, Buckley & Enumclaw, a program of Plateau Outreach Ministries in Enumclaw.

- Phone: 360-825-8961.
- Serves: adults and families in Buckley, South Prairie, Wilkeson, Carbonado, Black Diamond and Enumclaw .
- Provides: Free winter sheltering and hot meals in various churches. Transportation from Calvary Presbyterian Church, Enumclaw at 6:30 pm.

Project Homeless Connect.

- Online: <https://associatedministries.org/supportive-services/project-homeless-connect/>.
- Phone: 253-426-1501.
- Location: See website for locations and dates.
- Serves: homeless.
- Provides: Hosts events to provide services that address basic needs, including medical and dental care, access to education, employment and benefits systems, chemical dependency assessments, flu shots, haircuts, and more.
- Volunteer: Sign up online to help – a wide variety of volunteer opportunities.

Comprehensive Life Resources Homeless Outreach.

- Email: homelessoutreach@cmhshare.org.
- Phone: 253-396-5275.
- Serves: homeless.
- Provides: Coordinated entry, benefits, mental health, substance treatment, clothing, hygiene, food, employment, shelter connections.

Resource Guide for the Tacoma Pierce County Coalition to End Homelessness .

- Online: <http://cms.cityoftacoma.org/hrhs/homelesscoalition/memberresourceguide/MRG%202012%20final.pdf>.

UTILITY, ENERGY ASSISTANCE

City of Buckley.

- Phone: 1-360-761-7888.
- Serves: low income seniors and persons with disabilities.
- Provides: Offers utility discounts. Complete details and applications are available at the Buckley Multi-Purpose Center or at the City Offices.

City of Bonney Lake.

- Serves: Low income seniors and persons with disabilities.
- Provides: Utility discounts (water & sewer). Application available at <http://www.ci.bonney-lake.wa.us/UserFiles/File/Forms/Finance/SeniorDiscountRequest.pdf>.

LIHEAP (Low Income Home Energy Assistance Program).

- Online: <http://liheap.commerce.wa.gov>.
- Phone: 253-798-4328.
- Open: Appointments are done over the phone or at the White River/Sumner Bonney Lake Resource Centers.

LASA (Living Access Support Alliance).

- Phone: 253-581-8689.
- Serves: Open to all Pierce County residents.
- Provides: Water assistance only, no shut off or late fees.
- Open: Monday – Friday, 10am – noon.

Pierce County Human Services Home Weatherization Program.

- Online: <http://www.co.pierce.wa.us/>.
- Phone: 253-798-6115.
- Provides: The weatherization team examines single and multi-unit dwellings and mobile homes for existing heat loss conditions.

Free Cell Phones & Minutes for income eligible.

- Online: <https://www.co.pierce.wa.us/3499/Cellphone-Lifeline-Program>.
- Serves: Persons living on low incomes.
- Provides: A government benefit program that provides discounts on monthly telephone service for eligible consumers. Assurance Wireless (from Virgin Mobile), Budget Mobile, SafeLink Wireless (from Tracfone) and YourTel Wireless all offer a free, basic cell phone and 250 free minutes every month, plus free voice mail, caller ID and call waiting. Low-cost additional minute packs can be purchased online, by phone and at stores. The phones come with one year of service, one month's free minutes, and new free minutes are added each month.

Low Cost Internet Access Programs.

- [Comcast Internet Essentials](#), 1-855-846-8376. <http://www.InternetEssentials.com>
- [CenturyLink Internet Basics](#). <http://www.Centurylink.com/home/internetbasics>

Pierce County Veterans Bureau.

- Phone: 253-798-7449.
- Serves: Homeless and low income vets in Pierce County.
- Provides: Rental, utility, and food assistance.

Litter Credit Application.

- Online: <https://www.co.pierce.wa.us/index.aspx?nid=1578>.
- Phone: 253-798-4636.
- Provides: \$125 voucher for the dump.

UTILITY, ENERGY ASSISTANCE (CONTINUED ON NEXT PAGE)

UTILITY, ENERGY ASSISTANCE (continued from previous page)

DSHS Emergency Services.

- Online: <https://www.dshs.wa.gov/esa/community-services-offices/emergency-programs>.
- Those who meet eligibility requirements for Temporary Assistance for Needy Families (TANF), State Family Assistance (SFA), or Refugee Cash Assistance (RCA), have an emergency housing, utility or other need; and have a good reason that you had insufficient funds to pay your housing or utility costs.
- Provides: Food & cash assistance, medical services.

PSE Assistant Program.

- Phone: 1-888-225 5773.
- Provides: Crisis Affective Customer Assistance Program (CACAP). Created to help income eligible customers with past due balances due to Covid 19 pandemic .

Other Resources for Utilities /Energy Assistance.

- Metropolitan Energy Development Council, 253-383-3921.
- Pierce County ADR, 253-798-4600.
- Pierce County Energy Community Action, 253-798-7240.
- Pierce County Energy Assistance, 253-798-4328.
- Salvation Army, 253-572-8452.
- South Sound Outreach Services, 253-593-2111.
- Washington UTC, 253-333-9882.

PARENTING, CHILDCARE, PREGNANCY

Triple P Parenting.

- Online: <http://www.triplep-parenting.com/piercecounty>.
- Location: White River Family Resource Center, 250 West Main (building 200) Buckley WA.
Phone: 360-829-5883.
- Location: Sumner / Bonney Lake Family Resource Center, 1508 Willow St., Portable 705, Sumner .
Phone: 253-891-6150.
- Serves: Focus is on families with children ages 12 years and under. Pierce County residents
- Provides: Offers answers to questions about parenting. Call for a 10 minute consultation about a variety of common parenting dilemmas. Can refer to a parenting class or on-line Triple P parenting curriculum. Also in Spanish.

Childfind.

- Location: Sumner-Bonney Lake School District .
Phone: (253) - 874-5445.
- Location: White River School District .
Phone: 360-829-3959.
- Serves: Free developmental screenings for children between three and five years of age to determine if children are eligible for special services support.
- Provides: Assesses cognitive skills, communication skills, fine motor skills, gross motor skills, self-help skills and social/emotional skills. Screening appointment September – May.

Boost – A Step Ahead in Pierce County.

- Email: boost@asapc.org .
- Phone: 253-363-0570 or call 253-471-2727.
- Serves: children ages 0 – 3 and their foster parents or relative caregivers.
- Provides: Partnering with foster parents to support their child’s strengths and challenges – at home, childcare, and during other times of change. Ensure that children have equal access to programs and services.

A Common Voice.

- Online: <http://www.acommonvoice.org>.
- Phone: 253-537-2145.
- Serves: Parents raising children with significant mental health needs.
- Provides: Family-driven and youth-guided care plans. Increase daily coping strategies, navigate child serving systems including school, juvenile court and mental health. Parent Support Groups, Workshops, and Individual Support. Will attend IEP's with parent if asked.

PAVE – Pierce County Parent to Parent.

- Online: <https://wapave.org/>.
- Serves: parents of a child, youth or young adult with a disability and/or special health care needs, youth or young adults with a disability and/or special health care needs, and military active duty, retired or veteran parent, family or youth.
- Provides: Provide information, resources, training, inclusive events, community referrals, support groups and person centered plans.

READY! For Kindergarten.

- Online: [READY! For Kindergarten website](http://www.readyforkindergarten.org). <http://www.readyforkindergarten.org>
- Online: [Sumner-Bonney Lake School District link](http://www.readyforkindergarten.org/sumner) . <http://www.readyforkindergarten.org/sumner>
- Phone: SBLISD, 253-891-4446.
- Online: [White River School District link](http://www.readyforkindergarten.org/wrsd) . <http://www.readyforkindergarten.org/wrsd>
- Phone: WRSD, 360-829-3957.
- Serves: parents and caregivers of children birth to five years.
- Provides: Offers age-appropriate targets, training and tools that ensure children success when entering kindergarten.
- Volunteer: Volunteer opportunities available.

PARENTING, CHILDCARE, PREGNANCY (CONTINUED ON NEXT PAGE)

PARENTING, CHILDCARE, PREGNANCY (continued from previous page)

In-Home Nursing Support, Tacoma Pierce County Health Dept.

- Online: 253-649-1404.
- Serves: First time mothers.
- Provides: help from a personal nurse who will come to your home to offer advice and support until your baby is 2.

ECEAP (Early Childhood Education & Assistance Program), Pierce County.

- Online: <http://www.piercecountywa.gov/preschool>.
- Phone: 253-798-4400 (press option #4).
- Location: Bonney Lake ECEAP 253-862-5260.
- Serves: eligible children & their families.
- Provides: Provides free preschool and services at various local locations.

ChildReach.

- Phone: 253-798-3698.
- Location: ChildReach is only accessible through specific Tribal programs.
- Serves: tribal children aged birth to six years old.
- Provides: developmental screening.

WIC (Womens, Infants, Children Nutrition Supplement Program).

- Online: <http://www.marybridge.org/services/wic-nutrition-services/wic-locations/>.
- Serves: pregnant women, breastfeeding & postpartum women, infants, & young children.
- Provides: Provides food & vouchers.

MOPS (Mothers of Preschoolers).

- Email: Faith Covenant Church email, info@faithcovsumner.com.
- Phone: 253-863-5101.
- Location: Sumner – Faith Covenant Church MOPS group.
- Serves: moms w/children ages birth to Kindergarten.
- Open: Currently meets 2x a month on Thursdays from 6:30 - 8:00 pm.

Olive Crest Ministries, Safe Families for Children.

- Online: [Safe Families website](http://www.safe-families.org) <http://www.safe-families.org> ; [Olive Crest Ministries website](http://www.olivecrest.org) <http://www.olivecrest.org>
- Phone: 877-341-7332; Tacoma number 253-572-7888.
- Serves: For parents dealing with homelessness, jail time, drug addiction, sickness, hospital stays, no job or other crisis who need to give their child 0-18 yrs.
- Provides: At no cost to families, a safe place to stay, for any length of stay, no loss of parental rights.

Hope Sparks Family Services (Relatives Raising Children).

- Online: <http://www.HopeSparks.org>.
- Phone: 253-565-4484.
- Serves: relatives and non-relatives who have assumed care of children not theirs by birth .
- Provides: Support, counseling, education and advocacy to strengthen and to keep these children with their family.

Care Net of Puget Sound, Pregnancy & Family Services .

- Online: <http://www.carenetps.org>.
- Phone: 253-941-2664 .
Federal Way, 253-941-2664 .
Puyallup, 253-770-8697.
- Location: & Provides: No-cost compassionate practical care, accurate information and life-affirming resources related to pregnancy, sexual health and abortion recovery. Parenting classes, pregnancy and STD testing, limited 1st trimester ultrasounds, childbirth education, baby boutique, options counseling, sexual risk avoidance, support groups, community referrals & resources, perinatal hospice support, & sex trafficking awareness.

PARENTING, CHILDCARE, PREGNANCY (CONTINUED ON NEXT PAGE)

PARENTING, CHILDCARE, PREGNANCY

Parent Help 1 2 3 Help Me Grow Hotline.

- Online: <http://www.parenthelp123.org>.
- Phone: 1 -800-322 2588.
- Provides: Great Site for many needs: Health insurance, food stamps, child development to name just a few.

The Wishing Well Foundation.

- Online: <http://www.thewishingwellwa.org>.
- Phone: 206-406-2398.
- Location: Puyallup.
- Serves: children 0 - 18 in the foster system of Pierce County.
- Provides: new and gently used clothes .

Step By Step.

- Online: <http://www.stepbystepnews.org>.
- Phone: 253-896-0903.
- Location: 3303 8th Ave SE, Puyallup.
- Serves: at-risk pregnant women.
- Provides: Education and support for healthy pregnancy, positive parenting, and establishing a safe home. Also assist with providing for your baby. In-home services available by nurses and counselors. Can also apply online for their service.

JAM – Just Amazing Moms.

- Online: <http://www.wearecalvary.com/women/jam/>.
- Phone: 253-863-3352.
- Location: Calvary Community Church in Sumner.
- Serves: All moms of every age and stage are welcome.
- Provides: Similar to MOPS, has speakers, panel discussions and parenting topics and small group discussions. Childcare available with pre-registration.
- Open: Meets every other Tuesday from 9:30 to 11:30 am.
- Volunteer opportunities available.

GIFT – Growing in Faith Together.

- Phone: 360-829-1222.
- Location: Community Presbyterian Church Annex, Buckley.
- Serves: all young mothers who want to make connections and do seasonal crafts together.
- Open: Meets fourth Wednesdays, 10 – 11:30 am and childcare is available.

Pierce County Libraries (Sumner, Bonney Lake, Buckley).

- Online: <http://www.piercecountylibrary.org>.
- Provides: Story times and other programs for teens and adults. See calendar for each location.

Washington Homeschool Organization.

- Online: <http://www.washhomeschool.org>.

Child Protective Services.

- Online: <http://www.dshs.wa.gov/ca/safety/abuserreport.asp>.
- Phone: Hotline call 1-866-ENDHARM (1-866-363-4276), Nights & Weekends call (800) 562-5624.

Child Care Resource & Referral for Tacoma-Pierce County.

- Online: <http://www.cityoftacoma.org/childcare>.
- Phone: 1-866-816-9031.
- Provides: Find child care and preschool resources. Assistance with finding care for special needs children. Information and training on becoming a licensed child care provider and supporting child care providers.

SEE ALSO “Youth Development & Recreation Resources” Pages

EMPLOYMENT, JOB PREPARATION, TUTORING, CONTINUING EDUCATION

Pierce County Library Job Search & Online Job Coaching.

- Online: <http://www.piercecountylibrary.org>.
- Provides: Job search services, resume writing, 1-on-1 computer assistance, and live online interview coaching.
- Free online job coaching available from your library or home computer. Sumner location has a Job & Business Center open to everyone. LinkedIn Learning offers a selection of career development courses. Offers online 24/7 for free in partnership with Microsoft and the Washington State Library. Develop computer skills, become proficient in Microsoft software, learn about web development and more.

Technology & Job Skills Classes FREE at the Pierce County Libraries.

- Provides: Book a Librarian, schedule a virtual 1-on-1 appointment with a Librarian for assistance with using library resources, technology questions, job and business center questions and more; Schedule an appointment at <https://jbc.mypcls.org/book-a-librarian/>. Brainfuse Adult Learning Center online in math, reading, writing, and academic & occupational tests.

WorkSource Online Job Search.

- Online: <http://www.worksourcewa.com>.
- Phone: 253-593-7300.
- Location: 2121 S. State St, Suite 300, Tacoma.
- Provides: Find job openings, learn strategies for finding a job, help preparing resume, interview skills, & more. Online job matching through Monster.com at no charge. Currently providing appointments, events, and workshops to customers in-person and virtually.

Jobs for Life.

- Online: <http://bridgesoflovenw.org/jobs-for-life>.
- Phone: 253-531-2366.
- Location: Puyallup.
- Provides: 15 session/8 week job training course, Christianity-based course - creates job skills and creates a networking support system.

WorkFirst.

- Online: <http://www.workfirst.wa.gov>.
- Provides: Helps parents get what they need to prepare for and go to work. A partnership between state agencies and communities to work together to provide the necessary services and resources families need to be successful. See if you qualify and apply online.

Equus Workforce Solutions (Formerly ResCare Workforce Services).

- Email: c.bevel@equusworks.com .
- Phone: 253-470-8099.
- Serves: 16 – 24 year olds in Pierce County. Priority to low-income, disabled, homeless, drop-out, single parent, IEP.
- Provides: Provides for Transportation, GED, work and interview clothes, resume writing, individualized goals & resources, and more. Free on the job training, education, support services, case management and employment preparation.

VADIS for people with disabilities.

- Online: <http://www.vadis.org>.
- Phone: 253-863-5173.
- Location: 1701 Elm St., Sumner.
- Serves: for adults and students with disabilities.
- Provides: Providing job preparation, training, and placement.

Adult Basic Education at Pierce College.

- Phone: 253-840-8455.

EMPLOYMENT, JOB PREPARATION, TUTORING, CONTINUING EDUCATION (Continued on next page)

EMPLOYMENT, JOB PREPARATION, TUTORING, CONTINUING EDUCATION (Continued)

Employment Pipeline, DSHS.

- Email: R3EPNavigator@dshs.wa.gov.
- Phone: 360-515-8903.
- Serves: DSHS clients.
- Provides: Experienced case workers work with clients, employers and educators and other support staff to provide services needed to succeed at finding employment in a new job.

Goodwill Job Training.

- Online: <https://www.goodwillwa.org/training/services/>.

Senior Community Service Employment Program, Goodwill.

- Online: <http://www.goodwill.org/scsep>.
- Phone: 253-573-6759 .
- Serves: 55+, unemployed, low-income (125% of poverty) in Pierce County.
- Provides: temporary, subsidized job training and community service work placement 20 hrs a week.
- Volunteer: Looking for nonprofits & agencies to place individuals in internships at no charge.

The Road to Independence CDL Program (Puget Sound ESD).

- Email: Liz Tilton, etilton@psesd.org
- Phone: 253-778-7958.
- Provides: Earn Class B CDL with School Bus and Passenger Endorsements through Volunteer work. Volunteer 120 hours of time (about 3 months) and you will be offered a spot in the CDL class (one week classroom and three weeks on the road). Always looking for Sub Bus drivers, so there are employment opportunities with the organization.

Building Beyond the Walls.

- Online: <http://www.buildingbeyondthewalls.org>.
- Email: Sue@BuildingBeyondtheWalls.org .
- Phone: 425-337-6544.
- Serves: adults and youth 16 and over of all abilities.
- Provides: free basic construction skills training, teaching the basics of construction through a series of hands-on training classes where a small building is completed to benefit a local non-profit or organization.
- Donate: donate materials and funding.
- Volunteer: Construction contractors as instructors, serve on committees, work on construction projects.

ANEW Online Training Programs.

- Online: <http://anewaop.org/programs/pre-apprenticeship-trades-rotation-training-program>.
- Serves: women.
- Provides: Pre-apprenticeship Trades Rotation Program offers an 11 week, part-time, pre-apprenticeship training in Renton and Tacoma, that helps women enter non-traditional careers in construction trades and manufacturing.

Green River Community College-Enumclaw Campus.

- Online: <http://www.greenriver.edu/students/academics/enumclaw-campus>.
- Phone: 253-288-3400.
- Location: 1414 Griffin Ave., Enumclaw.
- Provides: Offers a variety of credit and non-credit classes. Flagger Training, GED, community education and personal development, kids summer camps, and more.

Food Card Class Online, Tacoma Pierce County Health Department.

- Online: <http://www.foodworkercard.wa.gov>.

EMPLOYMENT, JOB PREPARATION, TUTORING, CONTINUING EDUCATION (Continued on next page)

EMPLOYMENT, JOB PREPARATION, TUTORING, CONTINUING EDUCATION (Continued)

Career & Education (Adult Learning Center) Online.

- Online: <http://www.PierceCountyLibrary.org>, <https://polariscatalog.piercecountylibrary.org/polaris/Search/misc/esources.aspx>, (library card & login required).
- Provides: Read lessons, watch videos, take tests on a variety of subjects including computers & technology, math, writing, reading, ESL, test preparations (ASVAB, TABE, US Citizenship, Nursing School tests, GED, college entrance exams, AP, and more).

Universal Class by Pierce County Library.

- Online: <https://piercecowa.universalclass.com/barcode-login.htm>.
- Provides: Offers over 500 free online non-credit continuing education courses in a wide variety of topics.

Coursera Online Courses.

- Online: <http://www.coursera.org>.
- Provides: Education platform that partners with top universities and organizations worldwide, to offer hundreds of courses online for anyone to take, for free. Watch short video lectures, take interactive quizzes, complete peer graded assessments, and connect with fellow learners and instructors.

Tacoma Area Literacy Council (TALC) serving East Pierce County Residents.

- Online: <http://www.tacomaliteracy.org>.
- Phone: 253-272-2471.
- Serves: adults.
- Provides: Provides free one-on-one tutoring in basic literacy skills and English as a Second Language. Tutor & learner meet at convenient times in a public location. Lessons are confidential and goal oriented. English Language classes for adults at the Sumner/Bonney Lake Family Support Center (call for dates).
- Volunteer: Tutors needed, free training provided.

Language Learning with Pierce County Library.

- Online: <https://www.piercecountylibrary.org/services/online-services/languagelearning.htm>.
- Provides: Pimsleur Language Program - Learn a new language online at your own pace or check out language-learning audiobooks, free with your Pierce County library card. More than 150 audio language-learning programs by Pimsleur available to check out in audiobook CD formats. Pronunciator - Learn any of 100 languages online with personalized courses, study guides, video phrases, movies, and more. Free. Library card and login required.

Adult Learners, King County Library System.

- Online: <https://kcls.org/adult-learners>.
- Phone: 360-825-2045.
- Provides: English Learning, Citizenship, Tutoring, Practice exams, etc... See Website for opportunities.

YOUTH TUTORING RESOURCES

Free Online Homework Help for Students, Pierce County Library .

- Online: <http://www.piercecountylibrary.org>.
- Provides: Expert Tutor helps with English, language arts, math, science, social studies, and more. Available from your library or home computer.

Village Tutors at Buckley Youth Center.

- Phone: 360-829-6534.
- Location: 251 S. River Ave., Buckley.
- Provides: Free tutoring services for youth who live in White River School District.

EMPLOYMENT, JOB PREPARATION, TUTORING, CONTINUING EDUCATION (Continued)

Gordon Family YMCA .

- Online: <http://www.ymcapkc.org/gordonymca>.
- Phone: 253-826-9622.
- Location: 16101 64th St. E., Sumner.
- Provides: Homework Help for ages 12 -18 .

Prairie Ridge “The Hangout”.

- Email: Contact marybethholmesprc@gmail.com.
- Location: 14104 Prairie Ridge Dr. E., Bonney Lake.
- Provides: Free after school program for students 11 -18. Drop in on Wednesdays when school is in session.

Learning Library Online .

- Online: <http://www.PierceCountyLibrary.org> (library card & login required).
- Provides: Read lessons, watch videos, take tests for elementary, middle & high school class material. Also subjects include computers & technology, math, writing, reading, ESL, test preparations (ASVAB, TABE, US Citizenship, Nursing School tests, GED, college entrance exams, AP, and more).

SUPPORT GROUPS, CARE MINISTRIES, COUNSELING, ADDICTION & RECOVERY

Calvary Community Church Support Groups & Care Ministries.

- Online: <http://www.wearecalvary.com>.
- Phone: 253-863-3352.
- Location: 15116 Gary St., Sumner.
- Provides: Grief Share for individuals experiencing loss; Pure Desire to help men break free from sexual addiction; Brave enough for men and women struggling with past and present traumas; Celebrate Recovery for chemical dependency, codependency, anger, depression, anxiety or food addiction; The Landing for teens dealing with bullying, identity, anxiety and other life issues; Premarital mentoring 8 week class for preparation and enrichment. Marriage mentors working with struggling marriages and strengthening marriages. Lifeline coaches for any person who needs support in different areas of life.

Good Samaritan Behavioral Health.

- Online: <http://www.multicare.org/>.
- Phone: 253-445-8120.
- Child & Adolescent Services meets the unique needs of children and adolescents exhibiting problems of mood, behavior or adjustment, which are adversely affecting their sense of self-worth and/or their functioning at home, school or community.
- Adult Community Support Services are individually tailored for adults with severe, long-term mental illness and for children and adolescents with significant emotional or behavioral problems.
- Family Therapy helps a child or teenager having emotional or behavioral problems is often best done with the whole family working together with a mental health therapist.
- Domestic Violence Counseling provides specialized counseling for those who have experienced physical, verbal and/or emotional violence in their relationships.
- Older Adult Services provides support to older adults and their caregivers who are experiencing many of the difficulties common to their age group, including depression, anxiety, dementia, behavioral disturbances, and grief and loss.
- Adult Outpatient Chemical Dependency Program serving adults w/ private & DSHS insurance. 253-697-8420.
- Walk-In Clinic for adults and children w/Medicaid or Healthy Options. Located at 325 E. Pioneer, Puyallup. 253-697-8400 for more information. CALL before going.

Absolute Ministries.

- Online: <http://www.absoluteministries.org> .
- Phone: (877) 306-5799.
- Location: 1402 Lake Tapps Parkway E., Auburn.
- Provides: Faith-based positive housing. Individuals will make a commitment to lead a substance free life, in an atmosphere that focuses on Jesus; while developing accountability, integrity, character, transparency, and responsibility. Making recovery sustainable for individuals that have completed a drug or alcohol inpatient program.
- Open: Absolute Support for Families of Addicts meets at Resonate Church, 10318 Hwy 410 E, Bonney Lake on the 2nd & 4th Wednesdays at 6:30 pm. Open to the public. During COVID, zoom meeting.

School-Based Drug & Alcohol Counselors.

- Location: at schools in all districts.
- Serves: students.
- Provides: Drug and alcohol counseling and pre-screening appointments are available to students through their guidance office, counselors or administration. Please contact child's school for more information.

Battlefield Addiction.

- Online: www.battlefieldaddiction.com.
- Phone: (253) 334-2233.
- Serves: Reconnecting the family, the addict and the community.
- Provides: Empowering families through straightforward approach, providing expert guidance and a lifetime network of support services. Offers support groups and family workshops.

SUPPORT GROUPS, CARE MINISTRIES, COUNSELING, ADDICTION & RECOVERY (CONTINUED ON NEXT PAGE)

SUPPORT GROUPS, CARE MINISTRIES, COUNSELING, ADDICTION & RECOVERY

Salvation Army Community Center.

- Phone: 253-841-1491.
- Location: 4009 9th St. SW, Puyallup.
- Provides: Food pantry, senior center, addiction help and general assistance offered.

Rainier Foothills Wellness Foundation, Mental Health Task Force.

- Online: <https://www.rfwellnessfoundation.org>.
- Phone: 360-802-3206.
- Provides: Provides classes and online information on mental health and resources. Mental health counselors are now in schools. NAMI Family to Family Class - free 12-session class for families & friends of adults living with mental illness.

Nexus Youth & Families.

- Online: www.nexus4kids.org.
- Phone: 360-825-4586.
- Location: 1356 Cole St., Enumclaw.
- Serves: youth.
- Provides: Provides services to young people including mental health counseling, homeless and emergency shelter, street outreach and substance use disorder, prevention and treatment. Enumclaw Family Housing complex for low-income w/case management and support services for South King & North Pierce residents.
- Open: Youth Center hours Mon. – Thurs. 3- 7PM, Fri.2-6PM, homework groups Tues. & Wed. 5-7:00PM

Recovery Café, Orting Valley.

- Online: www.recoverycafeorting.org.
- Phone: 360-208-8018.
- Location: 113 Varner Ave. SE, Orting (behind Orting United Method Church).
- Serves: Serving individuals and families impacted by substance abuse, addiction, violence, and/or mental health.

New Freedom Recovery Center.

- Online: www.newfreedomrecoverycenterwa.com.
- Phone: 253-862-7374.
- Location: 10215 214th Ave. E., Bonney Lake.
- Serves: Adolescents and persons with co-occurring mental and substance abuse disorders, and DUI and DWI offenders.
- Provides: Substance abuse outpatient care, special groups and programs for Private insurance or sliding fee scale or personal payment plans are available.

Exodus Counseling & Treatment Services.

- Online: exoduscounseling@comcast.net.
- Phone: 253-891-2662.
- Location: 918 Alder St., Sumner.
- Serves: Adult and adolescent.
- Provides: Services: marriage & family, OCD, PTSD, addiction, mental health, court ordered and voluntary treatment, life coaching. Some insurance accepted, income sensitive.

Buckley Professional Counseling Services.

- Phone: 360-763-0882.
- Location: 117 S. Cedar St., Suite 2, Buckley.
- Provides: Mental health counseling services.

SUPPORT GROUPS, CARE MINISTRIES, COUNSELING, ADDICTION & RECOVERY (CONTINUED ON NEXT PAGE)

SUPPORT GROUPS, CARE MINISTRIES, COUNSELING, ADDICTION & RECOVERY

Prevention Coalition (Online Info & Resources).

- Email: info@thepreventioncoalition.org.
- Online: www.thepreventioncoalition.org.
- Provides: An informational site designed to educate parents, teachers and concerned community members about teen drug use and ways to prevent it.

National Alliance on Mental Illness (NAMI).

- Online: <https://www.nami.org>.
- Phone: 253-677-6629.
- Provides: Online Information on living with a mental health condition.

Crisis Lines.

- Crisis Text Line (Mental Health) – Text “HEAL” to 741741.
- King County Crisis Line: 866-427-4747.
- LGBTQ Support for Youth (Trevor Project): 866-488-7386.
- LGBT National Hotline: 1-88-843-4564.
- National Human Trafficking Resource Center Hotline: 1-888-373-7888.
- Nat’l Suicide Prevention Lifeline: 800-273-TALK.
- National Runaway Safe Line: 1-800-RUNAWAY.
- National Sexual Assault Hotline: 1-800-656-HOPE.
- Pierce County Mental Health Crisis Line and Pierce County Recovery Support Line: 1-800-576-7764.
- Sexual Assault Crisis line: (800)756-7273.
- Teen Link Help Line: 866-TEENLINK.
- Veteran Crisis Line: 800-273-8255.
- Washington Recovery Help Line: 866-789-1511.

Area Support Groups (Several groups in the area, please call for detailed information and meeting locations).

- Narcotics Anonymous: 253-531-8792.
- Alcoholics Anonymous: 253-474-8897, www.pugetsoundaa.org .
- Plateau Nar-Anon Family Group, Contact: email plateaunaranon@gmail.com, Enumclaw, St. Elizabeth Hospital. Nar-Anon Family Groups are for those who know or have known a feeling of desperation concerning the addiction problem of someone very near to you.
- Plateau Al-Anon and Ala-teen: 800-726-8094 (meeting at Finn Hall, Buckley).
- Gamblers Anonymous: 1-855-222-5542, www.Gamblersanonymous.org.
- Celebrate Recovery: <https://www.celebraterecovery.com>, Christ-centered 12 step groups.
- CARE – Chemical Abuse Resource & Education (information & referral): 253-572-2273
- Absolute Support for Families of Addicts, (253) 455-7954, Resonate Church, 10318 Hwy 410 E, Bonney Lake on the 2nd & 4th Wednesdays at 6:30 pm. Open to the public.
- Recognizing Grief, CHI Franciscan Enumclaw, 253-548-4627, grief support group, registration not required but recommended. 1st & 3rd Mondays, 1 – 2:30 pm at St. Elizabeth Hospital.

DOMESTIC VIOLENCE, ABUSE

Exodus Housing.

- Online: www.exodushousing.org.
- Phone: 253-862-6808.
- Location: P.O. Box 1006, Sumner, WA 98390.
- Serves: Homeless families with children who have been impacted by domestic violence.
- Provides: permanent housing, tailored strength-based empowerment model of case management, and family renewal services.
- Donate: Household supplies, money, gift and gas cards, toiletries, diapers size 4 - 6.
- Volunteer: Have an essential needs drive w/ friends or coworkers. Language interpreting and translation.

Good Samaritan Domestic Violence Victim Services.

- Phone: 253-445-8120.
- Location: Puyallup.
- Serves: Those who have experienced physical, verbal and/or emotional violence in their relationships.
- Provides: Specialized counseling, weekly support group, education, and support, advocacy, information and referral.

Crystal Judson Family Justice Center & Helpline.

- Phone: 253-798-4166.
- Online: www.familyjusticecenter.org.
- Provides: Offers a wide array of social services and government assistance to victims of domestic violence.

Washington State Domestic Violence Hotline: 800-562-6025.

National Domestic Violence Crisis Line: 1-888-550-3915.

Sexual Assault Center of Pierce County, 24 hour crisis line (800)756-7273, 253-597-6424 .

Domestic Violence Housing Services (Please call for detailed information).

- **Associated Ministries Housing & Shelter Services.**
Online: www.associatedministries.org.
Phone: 253-383-3056 ext.111.
Provides: 14 Pierce County shelter programs, severe weather shelter programs, information on available shelter beds & rentals assistance, Open Hearth Ministries case management.
- **Helping Hand House.**
Online: www.helpinghandhouse.org.
Phone: 253-848-6096 ext. 12.
Provides: Transitional housing for homeless with children, rapid rehousing, emergency housing.
- **Phoenix Housing Network.**
Online: www.ccsww.org.
Phone: 253-471-5340.
Provides: Housing for families with children under 18.
- **YWCA Domestic Violence Shelter.**
Online: www.ywcapiercecounty.org.
Phone: 253-383-2593.
Provides: Housing for domestic violence.
- **Family Renewal Shelter.**
Online: www.domesticviolencehelp.org .
Phone: 253-475-9010 (24 hr crisis line).
Provides: Emergency advocacy and transportation for women & children in immediate danger, case management, transitional housing.

COMMUNITY COALITIONS

Sumner/Bonney Lake Communities for Families Coalition (CFF).

- Online: <https://www.sumnersd.org/domain/437>.
- Phone: 253-891-6032.
- Location: Gordon Family YMCA, Sumner.
- Goals: Identify community assets & needs, link resources, services & activities, support family-related activities. Youth forums, Community Summit, Drug Free Communities Coalition, Unsung Hero Award, and support activities benefiting youth and families.
- Open: Meets 1st Thurs., 3:00.

Prairie Ridge Community Coalition.

- Email marybethholmesPRC@gmail.com.
- Facebook www.facebook.com/pages/Prairie-Ridge-Community-Coalition .
- Location: Prairie Ridge Community Service Center, 14104 Prairie Ridge Dr., Bonney Lake.
- Provides: Promote partnerships to provide programs and resources for youth and families, including weekly hot meal site, school supply distribution, National Night Out, holiday events, activities for youth & families, summer activities and lunches for children, community safety events, networking.
- Open: Meets 2nd Tuesdays, 10 am.
- Donate: Christmas stocking stuffers & candy, school supplies, dinner service supplies, summer activity supplies.
- Volunteer: Seeking partners to sponsor youth & family programs and assist at existing events.

White River Families First Coalition (FFC).

- Website: www.whiteriver.wednet.edu, click "departments" then "Family Support Services" then "Families First Coalition".
- Facebook www.facebook.com/pages/White-River-Families-First-Coalition.
- Phone: 253-829-0600.
- Location: Buckley Fire Station, 611 S. Division St., Buckley.
- Open: Meets 4th Mondays, 3:30.
- Provides: Promotes activities, education and partnerships that support the health and human services needs of individuals, youth and families in order to strengthen White River communities.
- Volunteer: Community Summit, Community Champion Awards, community programs.

Rainier Foothills Wellness Foundation.

- Online: www.rfwellnessfoundation.org.
- Phone: 360-802-3206.
- Location: 1675 Cole St., Enumclaw.
- Provides: Initiatives include Foothills Healthy Community Coalition (Drug & Alcohol), Mental Health Task Force, LINCKK (Violence Prevention), Care Van, Dental Van, and Neighbors Feeding Neighbors.
- Volunteer: Serve on a task force, drivers for Care Van and Neighbors Feeding Neighbors.

VETERAN RESOURCES

Pierce County Veterans Bureau.

- Phone: (253) 798-7449.
- Location: 3602 Pacific Ave., Suite 200, Tacoma.
- Provides: Provides emergency assistance with food, rent and utilities to qualified indigent veterans and family members. Limited assistance with medical, burial and is available on an emergency need basis. Offers the Incarcerated Veterans Reintegration program.

WA State Dept. of Veterans Affairs.

- Online: www.dva.wa.gov.
- Phone: 1-800-562-2308.
- Location: 1102 Quince St SE, Olympia.
- Provides: Provides information on benefits, programs and services. Homeless vets reintegration project in partnership with WorkSource. Statewide PTSD Resources <http://www.dva.wa.gov/benefits/ptsd>.

U.S. Dept. of Veterans Affairs.

- Online: www.va.gov.
- Phone: 1-800-827-1000.
- Provides: Access to all benefits, healthcare, burials and memorials, job assistance, home loans, education, etc.

Veteran's Independent Enterprises of Washington.

- Online: www.veteransworkshop.org.
- Phone: (253) 922-5650.
- Location: 4630 16th St E, Suite B, Fife.
- Provides: Private not for profit organization committed to helping Veterans by providing work opportunities, transitional housing and supportive services. Helping veterans transition from homelessness, incarceration and, or economically disadvantaged situations.

Catholic Community Services SSVF Program.

- Phone: 253-471-5340.
- Location: 5050 S. Tacoma Way, Tacoma.
- Provides: Provides case management to develop housing stability plans, address issues such as employment, benefits, financial planning, transportation, and childcare. Rapid rehousing provides short-term assistance.

Betsy Ross Hall.

- Phone: 253-682-3401.
- Location: Washington Soldiers Home Campus, Orting.
- Serves: Must have served in the Armed Force, be homeless in Pierce County for more than one night, clean and sober for 30 days, undergo background check and have the desire to make meaningful life changes.
- Provides: Housing and services for women veterans. Referrals through Pierce County Coordinated Entry.

American Legion .

- Phone: 253-536-6999.
- Provides: Outreach Services for Veterans.

Salvation Army Community Center.

- Phone: 253-841-1491.
- Location: 4009 9th St. SW, Puyallup.
- Provides: Food pantry, senior center, clothing, addiction help and general assistance offered.

VETERAN RESOURCES (Continued on next Page)

VETERAN RESOURCES

Goodwill Military and Veteran Services.

- Online: <https://www.goodwillwa.org/training/veteran> .
- Serves: Serve transitioning military members, Reservists, National Guard Members, Veterans of all eras and ranks, military and veteran spouses, and dependents under 25 living with a veteran or military sponsor.
- Provides: tools and support needed to achieve successful civilian careers.

Battlefield Addiction.

- Online: www.battlefieldaddiction.com.
- Phone: (253) 334-2233.
- Serves: Military (retired and active duty).
- Provides: Reconnecting the family, the addict and the community. Empowering families through straight forward approach, providing expert guidance and a lifetime network of support services. Offers support groups and family workshops.

Lions Project New Hope Northwest.

- Online: <http://lionsprojectnewhopenw.org>.
- Phone: 337-516-8738.
- Provides: Offers free counseling workshops and retreats/camps with family to help manage transitional issues.

National Call Center for Homeless Veterans: Available 24/7 - 1-877-424-3838.

Disabled American Veterans: 253-472-4680.

Veteran Crisis Line: 800-273-8255.

Free and Reduced Resources for Vets:

- Disabled Veterans Plates (no cost), WA State Licensing: <http://www.dol.wa.gov/vehicleregistration/spdav.html>.
- Veterans Designation on Driver's License: <http://www.dol.wa.gov/driverslicense/military.html>.
- Reduced Fishing & Hunting License for persons with disabilities: <http://wdfw.wa.gov/accessibility/>.
- State Park Passes for disabled veteran lifetime pass: <http://parks.state.wa.us/205/Passes>. Applications mailed to you, call (360) 902-8500 or available online.
- WA State Parks Senior Citizen (62+) Limited Income Pass (no charge) - <http://parks.state.wa.us/205/Passes>. Gives 50% discount on nightly camping / moorage for qualified residents.
- Federal Parks Passes - free for active duty & vets: <https://www.nps.gov/planyourvisit/passes.htm>.
- Blue Star Families – www.bluestarfam.org Provides free family admissions to museums in summer; participating movie theaters provide free or discounted admission; gives books to military children. www.blustarfam.org.
- Northwest Military - www.northwestmilitary.com; Free online news, events and activities for active duty and vets.

SENIOR AND DISABLED RESOURCES

Aging & Disabilities Resource Center (ADRC of Pierce County).

- Online: www.PierceADRC.org.
- Phone: (253)798-4600.
- Provides: Provides access points for those seeking information & assistance regarding programs or services available to older adults or adults with disabilities. Helping older adults and individuals with disabilities remain safe in their homes. Community Connections, Advocacy and Complaints, Family Caregiver Support, Long-term Care Ombudsman, Resources and more.

HEROS (Helping Elders Through Referral & Outreach Services – MultiCare).

- Phone: 253-445-8120.
- Provides: Older adult services, provides support, including in-home services, to older adults and their caregivers experiencing difficulties common to their age group, including depression, anxiety, dementia, behavioral disturbances, grief and loss.

Good Samaritan Behavioral Health.

- Online: www.multicare.org.
- Phone: 253-445-8120.
- Provides: provides support to older adults and their caregivers, including depression, anxiety, dementia, behavioral disturbances, and grief and loss.

Local Senior Centers.

Offers a wide range of classes & activities, social & healthcare services, special events, trips & charters, senior van transportation, resources and much more!

- Bonney Lake Senior Center, 253-863-7658, 19304 Bonney Lake Blvd., Bonney Lake.
- Sumner Senior Center, 253-863-2910, 15506 62nd St. Ct. E., Sumner.
- Buckley Senior Center, 360-829-0190, 811 Main St., Buckley.

Lutheran Community Services – Senior & Disability Services.

- Online: www.lcsnw.org/tacoma.
- Phone: 253-272-8433.
- Provides: Senior Companion Program – Volunteers help seniors with companionship, appointments, etc.
- Meals on Wheels. Home Care Program – Provides assistance to stay in home and live comfortable, healthy lives. They also have dementia and Sr. Media services.
- Volunteer: Retired & Senior Volunteer Program (RSVP) – volunteer opportunities to give back in their community. Call 253-722-5694.

Volunteer Chore Service, Catholic Community Services.

- Online: www.piercecountyrides.com or www.ccsww.org.
- Phone: 253-502-2690, LEAVE A MESSAGE they call you back.
- Serves: Individuals with limited transportation options due to physical or mental disabilities, have no family or neighbors to assist them, live outside of public transit service areas and/or cannot afford transportation services. May also serve older adults who are not low income who live in rural areas, can no longer safely drive, & have no transportation options.

Neighbors Feeding Neighbors.

- Phone: 360-825-4741.
- Location: Rainier Foothills Wellness Foundation.
- Provides: Provides home delivered meals to homebound seniors residing on the Plateau. Each meal costs \$5.00 which NFN leaders are asking the senior, or their family to pay if possible. No senior turned away because of inability to pay.

SENIOR AND DISABLED RESOURCES (CONTINUED ON NEXT PAGE)

SENIOR AND DISABLED RESOURCES

Faith in Action Team.

- Phone: 360-829-0212.
- Location: Seventh Day Adventist Reform Movement Church, Buckley.
- Provides: Provides services to elderly, those in financial need and those with health problems. House, yard and gutter cleaning, simple home repairs, car oil change, pet sitting and groceries. Community service -no charge.

Senior Center Lunch Programs:

- **Bonney Lake Senior Center Lunch Program.**
Phone: 253-863-7658.
Location: 19304 Bonney Lake Blvd., Bonney Lake.
Open: Lunch served Monday – Friday at 11:45 am, \$4 suggested donation (\$6 for non-seniors under 55).
- **Sumner Senior Center Lunch Program.**
Phone: 253-891-2910.
Location: 15506 62nd St. E., Sumner.
Open: Lunch served Monday – Friday at 11:45 am, \$3 suggested donation (\$5 for under age 60). Meals on wheels available.
- **Buckley Senior Center Lunch Program.**
Phone: 360-829-0190.
Location: 811 Main St., Buckley.
Open: Lunch served Monday – Friday at noon, \$3 suggested donation (\$5.75 for those under 60).

Senior Farmers Market Vouchers.

- Online: [www.piercecounty.wa.gov/farmers markets](http://www.piercecounty.wa.gov/farmers%20markets).
- Phone: 253-798-4600.
- Location: Pierce County Aging & Disability Resource Center.
- Provides: Provides low income 60+ seniors with vouchers to purchase produce from participating markets and stands. Must pick up vouchers in person at local locations. Registration begins the first Monday in May.

Rebuilding Together South Sound.

- Online: www.rebuildingtogetherss.org.
- Phone: 253-238-0977.
- Serves: Pierce County residents.
- Provides: Low-income homeowners who are seniors or disabled with no-cost home repairs & modifications.

Pierce County Housing Program Home Repair.

- Online: www.co.pierce.wa.us.
- Phone: 253-798-7038 or 253-798-4344.
- Serves: Seniors and Disabled.
- Provides: Addresses emergency health and safety issues including repairs for appliances, plumbing, roof, furnace and more.

Shared Housing Services.

- Online: www.sharedhousingservices.org.
- Phone: 253-272-1532.
- Serves: Focus on low income adults, elderly, and disabled.
- Provides: Facilitates matching those who wish to share their homes with those needing low-cost housing.

SENIOR AND DISABLED RESOURCES (CONTINUED ON NEXT PAGE)

SENIOR AND DISABLED RESOURCES (Continued)

Care Van, Rainier Foothills Wellness Foundation.

- Online: www.rfwellnessfoundation.org.
- Phone: 360-284-2444.
- Serves: Anyone who lives in the areas of Buckley, Carbonado, Wilkeson, & Enumclaw who displays hardship for transportation.
- Provides: Transportation to appointments and medical-related issues only (non-emergency appointments, physical therapy, eye exams, chiropractic, prescription pick-up, etc.) at no cost.
- Open: Available Monday/Wednesday/Friday 9am – 4pm and Tuesdays/Thursdays 9am – 2pm. Wheelchair accessible. Call 2 -14 days in advance of the appointment.

Beyond the Borders Essential Transportation Project.

CALL 211, FOR MORE HELP.

Pierce County Human Services.

- Online: <http://www.co.pierce.wa.gov/> GO TO SEARCH bar type in beyond borders.
- Phone: (253) 476-4657.
- Serves: Seniors and disabled in East Pierce County. Three round-trip door-to-door rides provided per month to local food banks, family support centers, clothing banks, non-Medicaid medical appointments, etc. Trip requests to destinations outside the area will be transported to the nearest bus stop connection. Service from Buckley to Plateau Outreach Ministries in Enumclaw is also available. All riders must complete an eligibility screening to use the service.
- Provides: Free transportation to essential services.
- Open: Available Monday through Saturday 6 am to 10 pm.

Paratransit Services.

- Online: www.wanemt.com.
- Phone: 1-800-925-5438.
- Serves: elderly, disabled, economically disadvantaged individuals who have a Medical Assistance card (DSHS Provider One ID) and have no other way to get to a medical appointment.
- Provides: Provides transportation services for non-emergency medical appointments. Cabulance, transit fare, shared ride, and fuel or mileage reimbursement options.

Medical Equipment Lending Closet at Senior Centers.

Provides: assistive equipment available at no charge.

- Bonney Lake Senior Center, 19304 Bonney Lake Blvd.; 253-863-7658; www.ci.bonney-lake.wa.us.
- Buckley Senior Center, 811 Main St., Buckley; 253-829-0190; www.cityofbuckley.com.

UTILITY ASSISTANCE:

Offers utility discounts to low income seniors and persons with disabilities in their respective cities.

- **City of Buckley:** Details and applications at the Buckley Multi-Purpose Center or at the City Offices.
- **City of Bonney Lake:** Apply online at <http://www.ci.bonney-lake.wa.us/UserFiles/File/Forms/Finance/SeniorDiscountRequest.pdf>

Property Tax Relief (Pierce County) for Seniors & Disabled.

- Online: www.co.pierce.wa.us/index.aspx?nid=702.
- Serves: This program is available to citizens who are at least 61 years old on December 31 of the year they apply or retired from regular gainful employment by reason of a disability, with an income of \$40,000 or less.

Free Tax Preparation Assistance.

- Online: more info and schedule at www.AARP.org and www.southsoundoutreach.org.
- Open: AARP & VITA sponsored February – April at various locations (usually Bonney Lake & Buckley Senior Centers).
- Can also file for free online www.myfreetaxes.com, www.irs.gov, or www.turbotax.com.

SENIOR AND DISABLED RESOURCES (CONTINUED ON NEXT PAGE)

SENIOR AND DISABLED RESOURCES (Continued)

Lifeline Free Cell Phone Programs:

- Online: <https://www.co.pierce.wa.us/3499/Cellphone-Lifeline-Program>.
- Provides: A government benefit program that provides discounts on monthly telephone service for eligible consumers living on low incomes to help ensure they have the opportunities and security that telephone service affords, including being able to connect to jobs, housing, family and 911. Assurance Wireless (from Virgin Mobile), Budget Mobile, SafeLink Wireless (from Tracfone) and YourTel Wireless all offer a free, basic cell phone and 250 free minutes per month, free voice mail, caller ID and call waiting. Low-cost additional minute packs can be purchased. The phones come with one year of service, one month's free minutes, and new free minutes are added each month.

Need A Break Services.

- Online: www.needabreak.org.
- Phone: (253)353-7056.
- Serves: Primary focus is on single mothers and the elderly.
- Provides: Provides home repairs, vehicle repairs, and other gifts. Apply online.

Caregiver Support Education Seminars.

- Phone: 360-825-0280.
- Location: Enumclaw Senior Center.
- Serves: everyone.
- Provides: Free classes usually held on the 2nd Wednesday at noon.

Caregiver Support Group at St. Elizabeth Hospital.

- Phone: Info and RSVP at 253-534-7016.
- Open: Held on the first and third Thursdays of each month from 1 – 2:30 pm.

Alzheimer's & Dementia Informational Classes at Expressions of Enumclaw.

- Phone: 360-825-4565.
- Location: 2454 Cole St., Enumclaw.
- Open: Free classes usually held on the 4th Thursday at 2 pm.

PAVE.

- Online: www.wapave.org.
- Phone: (253) 565-2266.
- Provides: support, training, information and resources to empower and give voice to individuals, youth and families impacted by disabilities. Parent to Parent - P2P Support Group. For parents and caregivers of individuals with disabilities and exceptional healthcare needs. DUE TO COVID FILL OUT HELP FORM. THEY WILL CONTACT YOU.

Seniors on the Move, Calvary Community Church.

- Online: www.wearecalvary.com/seniors/.
- Phone: 253-863-3352.
- Location: Sumner.
- Provides: Provides fellowship, service opportunities, activities and outings for Seniors (55+). Meets 2nd Thursdays at 12 noon with potluck.

DSHS Aged, Blind, or Disabled (ABD) Program.

- Online: <https://www.dshs.wa.gov/esa/>.
- Provides: Provides cash assistance to eligible low-income adults age 65 or older, blind, or determined likely to meet Supplemental Security Income (SSI) disability criteria based on a physical or mental impairment that is expected to last at least 12 consecutive months.

SENIOR AND DISABLED RESOURCES (CONTINUED ON NEXT PAGE)

SENIOR AND DISABLED RESOURCES (Continued)

More Contacts for Senior & Disabled:

- Adult Protective Services: 206-341-7660, www.dshs.wa.gov.
- Medicare/Medicaid Fraud Report: 800-447-8477.
- Medicare Part B Hotline 800 633 4227.
- SHIBA Helpline (Statewide Health Insurance Benefit Advisors: 800-562-6900.
- Pierce County Long Term Care Ombudsman: 253-798-3789.
- Alzheimer’s Association: 800-272-3900, www.alz.org, 24/7 Hotline.
- Alzheimer’s Resource Center & Elder Care at Good Samaritan Hospital: 253-697-8575.
- Crime Stoppers Crimes Against Seniors: 253-591-5959.
- Talking Book & Braille Library: 206-615-0400, 1-800-542-0866.
- Pierce County Coalition for Developmental Disabilities: 253-564-0707, <https://www.pc2online.org>.
- “55 Alive” Driving Improvement Program with AARP: 888-227-7669.
- Senior Community Service Employment Program: 253-573-6759.
- SHAG (Senior Housing Assistance Group): 888-450-7424, www.housing4seniors.com.
- CLEAR Senior (Free Senior Legal Services for low-income seniors age 60+): 888-387-7111 .
- Celebrate Seniority (local volunteer opportunities for 55+) MultiCare Program: 253-697-7385.
- RSVP - Retired & Senior Volunteer Program – (local volunteer opportunities for 55+): 253-722-5694.
- www.SeniorHomes.com – helps locate independent living, assisted living, and other retirement communities. 800 748 4024.
- WA State Parks Senior Citizen (62+) Limited Income Pass (no charge) - <http://parks.state.wa.us/205/Passes>. Also provides a 50% discount on nightly camping / moorage for qualified residents.
- Reduced Fishing & Hunting License for persons with disabilities: <http://wdfw.wa.gov/accessibility/>.

YOUTH DEVELOPMENT & RECREATION RESOURCES

Buckley Youth Activity Center.

- Online: www.cityofbuckley.com/youthcenter.
- Phone: (360) 829-6534.
- Location: 251 S. River Ave., Buckley.
- Serves: ages 8 – 18.
- Provides: Provides drop-in programs during non-school hours. Summer family programs for all ages, free lunches in summer and during school breaks for all ages, summer camps and enrichment activities. Homework assistance and summer math camps through Village Tutors.
- Donate: Snack items, crafts, games, office supplies.
- Volunteer: Help serve lunches, monitor activities, share a skill or help at special events.

Sumner/Bonney Lake Recreation Department.

- Online: www.ci.bonney-lake.wa.us/government/departments/executive/recreation_program.
- Phone: (253) 891-6500.
- Location: 15206 Daffodil Street Ct E, Sumner.
- Provides: Programs include indoor and outdoor sports for kids and adults, as well as a wide variety of camps, classes, and clinics offered at various school district and city facilities. See seasonal activity brochure for schedules. Gymnastics, Kung Fu, Junior Karate, Kidz Love Soccer. Safe at Home for ages 8-12 (November). Babysitters Class for ages 11-16 (November).
- Volunteer: Youth sports coaches needed.

White River Community Activities Program.

- Online: <https://www.whiteriver.wednet.edu/apps/pages/WRCAP>.
- Phone: (360) 829-3366.
- Location: 27515 120th St. E., Buckley.
- Provides: Programs include youth indoor and outdoor sports, camps, activities and community workshops. Registration online. Scholarships are available. Fall Sports & Kids Club.
- Volunteer: Youth sports coaches needed.

Gordon Family YMCA.

- Online: <https://www.ymcapkc.org/locations/gordon-family-ymca>.
- Phone: (253) 826-9622.
- Location: 16101 64th St. E., Sumner.
- Provides: Provides free nights for youth: 6, 7, 8 Nite for 6 – 8 graders on the 1st, 3rd, and 5th Saturdays from 7:30-9:30pm and Teen Late Nite for 7 – 12 graders on Fridays from 9:30 – 11:30pm. Provides a safe environment, consistent adult involvement, and fun activities that foster excellence and a positive attitude. No membership required. Waiver form required. Financial assistance available. Adaptive Recreation Program serves children 5-16 on the autism spectrum and wheelchair sports for 4-9 years. Art, dance, culinary, theater, and music classes, summer camps, STEM classes, and youth sports. Homework Help for ages 12 -18 at the Teen Center Monday and Thursday from 3:30-5pm. Teen Leadership Development Program, for grades 8-12. Allows for teenagers to thrive and live up to their potential. Every Thursday at 6:30 PM-8:00 PM. Virtual Programs are available. On-Demand, live, healthy living programs, community cafes. Child Watch: Kids from 6 weeks -7 years old can participate in age-appropriate activities in a safe environment while you work out.
- Volunteer: Youth sports coach, Advisory Council, committees, teach or assist in a class.

YOUTH DEVELOPMENT & RECREATION RESOURCES (CONTINUED ON NEXT PAGE)

YOUTH DEVELOPMENT & RECREATION RESOURCES (Continued)

Pierce County Libraries.

- Online: www.piercecountylibrary.org.
- Location: Sumner, Bonney Lake, Buckley.
- Provides: Offers a wide range of free online resources, branch resources, classes, workshops, STEM, online homework support, Life After High School workshops, museum passes, Family Game Nights, reading programs, story times, online language learning and more. "Check Out Washington" Discover Pass is available as part of an activities backpack kit and allows borrowers to access state parks and state public lands. Check the online calendar for upcoming activities and classes and with your local branch.

Prairie Ridge Youth Summer Program.

- Online: www.facebook.com/PrairieRidgeCommunityCoalition.
- Location: at the Prairie Ridge Rec Hall, Bonney Lake.
- Provides: Kids ages 7-17 are invited to participate in a weekday program for 10 weeks in the summer from noon to 2 p.m. Leaders work with youth in team play, crafts, fun, learning and positive relationships. Free lunch provided beginning at 11:30 a.m. for all children and youth.
- Volunteer: Share a talent, skill or interest or help serve lunches.

Prairie Ridge "The Deck".

- Email: Contact marybethholmesprc@gmail.com or elisia.sanchez.es@gmail.com.
- Location: 14104 Prairie Ridge Dr. E., Bonney Lake.
- Provides: Free after school program for Prairie Ridge students ages 13 -18. Drop in on Wednesdays when school is in session, it starts at 3:00 PM. It will run from 3:00 to 6:00 PM.

Enumclaw Parks & Recreation.

- Online: <https://apm.activecommunities.com/enumclawparksandrec/Home>.
- Phone: (360) 825-3594.
- Provides: See seasonal brochure for current classes.

Enumclaw Aquatic Center.

- Online: <https://cityofenumclaw.net/232/Enumclaw-Aquatic-Center>.
- Phone: (360) 825-1188.
- Location: 420 Semanski St. S., Enumclaw.
- Provides: Offers classes and events for residents and non-residents, including swimming lessons, WIBIT nights on first Saturdays, movie nights on third Fridays, public swim times and lifeguard training. Water Safety Instructor Course will begin in winter. Lifeguard Training class will be in December.

Home Depot – Free Kids Workshops.

- Online: <https://www.homedepot.com/workshops/#store/8562>.
- Phone: 253-862-3803.
- Location: Bonney Lake.
- Provides: Provides free monthly workshops for kids, providing a lively environment mixing skill, creativity and safety. Typically held on the first Saturday of the month. Register online.

YOUTH DEVELOPMENT & RECREATION RESOURCES (CONTINUED ON NEXT PAGE)

YOUTH DEVELOPMENT & RECREATION RESOURCES (Continued)

East Pierce Fire & Rescue.

- Online: www.eastpiercefirerescue.org.
- Phone: (253) 863-1800.
- Provides: Safe Sitter Classes prepare students in grade 6-8 to be safe when they're home alone, watching younger siblings or babysitting. Registration fee \$40. Scholarships available. CPR & First Aid Classes available at the Headquarters Station in Bonney Lake. Fire district residents pay \$20 for either or \$40 for both and non-district residents pay \$35 for either or \$70 for both. Students must be 12 years or older. A two year certificate is issued. Bike Helmet Sales - Offers helmets at a discounted rates: The wearer must be present. Life Jacket Loaners & Sales – Sales at Bonney Lake Headquarters Station Mon. – Fri. 8 – 4:30 in sizes infant – adult for \$14. Loaner life jackets are free and available for checkout at the headquarters or at kiosks at Allan Yorke Park and Lake Tapps North Park in sizes infant through adult.

Imagination Theater.

- Online: <https://www.imagination-theatre.org>.
- Phone: (360) 802-0908.
- Location: Based in Enumclaw. Shows in Enumclaw and Buckley.
- Serves: youth ages 5-18.
- Provides: Provides the youth of the plateau year-round opportunities to express themselves artistically through the performing arts in a safe and nurturing environment. Summer Workshop provides a more in depth educational experience about theatre and music. Scholarships Available for some programs.

Northwest Theatre Lab.

- Online: www.nwtheatrelab.com.
- Phone: (253) 888-9805.
- Provides: Provide children of all ages the opportunity to explore, experiment, and pursue their artistic talents through theatre education, vocal training and musical theatre productions. Provides online programs, with varying price ranges.

Sunset Lake Camp.

- Online: www.sunsetlake.org.
- Phone: (360) 829-0311.
- Location: 30811 Quinnon Rd., Wilkeson.
- Provides: Owned and operated by the Seventh Day Adventist Church, they offer day and overnight summer camps including adventure, specialty classes, horsemanship, STEM, arts and more. Also have family camps and blind camp for visually impaired ages 8 – 68. Scholarships are available.

Green River College Enumclaw Campus Youth Summer Camps.

- Online: <https://www.greenriver.edu/students/academics/continuing-community-education/summer-kids-camps/enumclaw/>.
- Phone: 253-288-3400.
- Location: 1414 Griffin Ave., Enumclaw.
- Provides: Legos, Computers, STEM and Special Interest summer camps.

Ben Franklin Crafts & Frame Store Summer Kids Camps.

- Online: www.bfranklincrafts.com.
- Phone: 253-862-6822.
- Location: Bonney Lake.
- Provides: Variety of mini-camps in July & August for kids, tweens and teens as well as parent/child craft camp. Offers a variety of make-n-take and craft classes for kids throughout the year.

YOUTH DEVELOPMENT & RECREATION RESOURCES (CONTINUED ON NEXT PAGE)

YOUTH DEVELOPMENT & RECREATION RESOURCES (Continued)

Kids Club & Movies in the Park, City of Bonney Lake.

- Online: https://www.ci.bonney-lake.wa.us/government/departments/Executive/Special_Events
- Provides: Free family-friendly entertainment. Free movies.

Buckley Junior Log Show.

- Online: www.facebook.com/buckley.logshow.
- Provides: Free annual event the second to last Saturday in June (weekend prior to Buckley Log Show last full weekend in June) for competitors ages 3 to 17. Safe and fun, no experience needed, events are demonstrated, sign up on site day of event. See Facebook page for more information.

Kids in the Game.

- Online: www.kidsinthegame.org/programs/pnw/pass.
- Provides: Helps low-income families in the Pacific Northwest pay up to \$150 for kids 4 -18 to play after school and recreational sports. Can apply once per season (or 4 times a year with 3 months between seasons). Third party can apply on behalf of the child. Fees are paid directly to the organization or program.

Every Kids Outdoors.

- Online: <https://everykidoutdoors.gov/index.htm>.
- Provides: Provides free passes to 4th graders and their families to access federal parks and lands.

Washington Teen Help.

- Online: <http://www.parenthelp123.org/family-health-hotline>.
- Phone: 1-800-322-2588.
- Provides: Connects pregnant and parenting teens to health information, state benefit programs, and community-specific support resources. Also offers information and resources for all teens including topics such as relationships, dating violence, general and sexual health, pregnancy, parenting, legal resources, and planning for the future.

TEAM SPORTS CLUBS & LEAGUES.

- **Bonney Lake/Sumner Little League**, info@blslittleleague.org, www.blslittleleague.org.
- **Mt. Rainier Futbol Club (Soccer)**, www.mtrainierfc.org/home.
- **Raptors Youth Sports**, www.raptorsyouthsports.com.
- **Valley Wolfpack Football & Cheerleading**, (253) 426-8917, www.valleywolfpack.org.
- **White River Wolverines Football & Cheer**, <https://whiteriverwolverines.teamsnapsites.com>.
- **Lake Tapps Lacrosse Club**, www.laketappsax.org.
- **Sumner Bonney Lake Warriors Lacrosse**, <http://sbyl.uslaxteams.com>.

FAITH-BASED GROUPS.

- **Young Life – Sumner & Bonney Lake High Schools**, <https://sumner.younglife.org>.
- **Rainier Hills Young Life (WRHS)**, (360) 825-6425, rainierhillssyl@gmail.com.
- **Glacier Middle School Wyld Life**, (360) 825-6425.
- Many local churches have youth groups – please contact them for more information.

COUNTY-WIDE YOUTH-SERVING ORGANIZATIONS WITH MULTIPLE GROUPS/CLUBS IN THE AREA.

- **Boy Scouts of America**, 253-752-7731, www.pacificarbors.org.
- **Girl Scouts of Western Washington**, 253-475-0307, www.girlscoutsww.org.
- **4-H Clubs of King & Pierce County**, 253-798-7180, www.pierce.wsu.edu.
- **Campfire Boys & Girls**, 253-597-6234, <https://campfire.org>.

YOUTH DEVELOPMENT & RECREATION RESOURCES (CONTINUED ON NEXT PAGE)

YOUTH DEVELOPMENT & RECREATION RESOURCES (Continued)

CRISIS LINES FOR YOUTH AND CHILDREN.

- Bridges – For Grieving Children: 253-272-8266.
- LGBTQ Support for Youth (Trevor Project): 866-488-7386.
- National Runaway Safe Line: 1-800-RUNAWAY.
- Teen Link Help Line: 866-TEENLINK.
- National Human Trafficking Hotline: 1-888-373-7888 or text HELP to BEFREE (233733).
- National Suicide Prevention Hotline: 1-800-273-TALK.
- Loverespect Hotline (peer advocates that help with dating concerns): 1-800-331-9474.
- Childhelp: 1-800-4ACHILD.
- Crisis Text Line: <https://www.crisistextline.org> .
- Teen Line: 800-852-8336 or text TEEN to 839863.
- Umatter: 1-800-273-8255.
- Boys Town: 800-448-3000.
- Trans Lifeline: 1-877-565-8860.
- National Sexual Assault Hotline: 800-656-4673.
- Safe Place: 502-635-3660.
- We R Native (for native youth, by native youth): <https://www.wernative.org/my-mind/getting-help/getting-help>.
- Native Youth Crisis Hotline: 1-877-209-1266.

More Organizations Serving NE Pierce County

Free Tax Preparation Assistance .

- February – April at various locations (usually Bonney Lake & Buckley Senior Centers and Sumner Library).
- VITA & AARP - more info and schedules at www.AARP.org and VITA Assistance at <https://associatedministries.org/free-tax-prep-info>.
- United Way of Pierce County maintains lists of free tax preparation for low income families and individuals.
- Can also file for free online www.myfreetaxes.com, www.irs.gov, or www.turbotax.com.

School Supplies .

- See agency information located in this resource guide for the following organizations: Sumner/Bonney Lake Family Center, White River Family Support Center, Lions 4 Kids House, Donald Loomis Clothing Bank, Bonney Lake Seventh Day Adventist Clothing Bank and Prairie Ridge Community Coalition.

Christmas Holiday Resources .

- **Buckley Christmas Giving Tree sponsored by City of Buckley Firefighters Assn** – Applications available at fire station and with school counselors. Serves Zip codes 98321, 98323, 98396. Preschool aged children are eligible. 360-829-1441 or email buckleyfd@cityofbuckley.com
- **Sumner's Toy Box** sponsored by Sumner Police Dept. In partnership with the Sumner-Bonney Lake Family Center, East Pierce Fire & Rescue, & Toys for Tots. Students in Sumner-Bonney Lake School District and located in Sumner should contact their school counselor to sign-up. 253-299-5662. http://www.sumner.gov/Government/Police/Sumner_police_toys.htm.
- **Bonney Lake Giving Tree** sponsored by multiple organizations including Sumner-BL Family Center, East Pierce Fire & Rescue & Toys for Tots. Students in Sumner-Bonney Lake School District and located in Bonney Lake should contact their school counselor to sign-up.
- **Calvary Community Church Giving Tree, Sumner**, takes referrals, 253-862-3352 www.wearecalvary.com.
- **Forgotten Children's Fund** 253-857-4619, apply online for help: www.forgottenchildrensfund.org/RequestHelp.
- **Northwest Santa** (visit from Santa and a present) for Bonney Lake, Sumner, Orting families www.nwsanta.org .

Thanksgiving Holiday Resources.

- **The Community Big Give - Bonney Lake & Sumner & White River** for families living in Sumner-Bonney Lake School District. Referrals available at school counselor offices and at Bonney Lake Food Bank and Emmanuel Food Pantry. Currently families can self-refer online. Distribution on Saturday prior to Thanksgiving by delivery. Sponsored by Open Life Church. www.CommunityBigGive.com.
- **Plateau Outreach Ministries Thanksgiving Food Bank** – serves families in Enumclaw and White River School District (except 98391 area). 360-825-8961 www.plateauoutreach.org.

Important Pierce County Contacts:

- Registered Sex Offender Search, by community or address: www.sheriffalerts.com/cap_main.php?office=54483.
 - Neighborhood Crime Statistics for Pierce County: www.piercecountycrimedata.org.
 - Pierce County Responds (illegal dumping, junk vehicles, land use, etc.): 253-798-4636, Code enforcement www.piercecountyresponds.org.
 - Pierce County Request For Action (Potholes, broken signs, road maintenance, etc.): www.piercecountywa.org/rfa.
 - TPC Health Dept. Environmental Health Program: questions contact Marianne Seifert 253-649-1700, www.tpchd.org/environment.
 - Pierce County Animal Control 253-798-7387 www.co.pierce.wa.us click on “Services” on top then “Safety/Judicial than “Animal Control”.
 - Pierce County Sherriff Non-Emergency 253-798-4721.
 - Children’s Protective Services: 24 hour report line 800-422-7880.
 - Adult Protective Services: 206-341-7660, www.dshs.wa.gov .
 - Pierce County 24 hour Crisis Line: 800-576-7764.
-

The following local organizations offer a wide variety of services, activities and, or volunteer opportunities. Please contact them for more information:

City of Bonney Lake, 9002 Main St. E., Bonney Lake; 253-862-8602, www.ci.bonney-lake.wa.us.

City of Sumner, 1104 Maple St., Suite 253, Sumner; 253-863-8300, www.ci.sumner.wa.us.

City of Buckley, 933 Main St., Buckley; 360-829-1921, www.cityofbuckley.com.

Town of Wilkeson, 540 Church St., Wilkeson; 360-829-0790, www.townofwilkeson.com.

Town of South Prairie, 121 NW Washington St., South Prairie; 360-897-8878; www.townofsouthprairie.com.

Bonney Lake Library, 18501 90th St. E., Bonney Lake; 253-548-3308; www.piercecountylibrary.org.

Sumner Library, 1116 Fryar Ave., Sumner; 253-548-3306; www.piercecountylibrary.org.

Buckley Library, 123 S. River Ave., Buckley; 360-548-3310; www.piercecountylibrary.org.

Friends of the Library: Buckley 360-829-0300 / Bonney Lake 253-548-3308 / Sumner 253-548-3306.

Heritage Quest Research Library, 1007 Main Street, Sumner; 253-863-1806; www.hqrl.com .

Bonney Lake Lions Club, Club meets 3rd Thursdays at 7pm. www.bonneylakelions.com .

Rotary Club of Sumner, meets Tuesdays at 12 noon at Branks BBQ 13701 24th st Sumner 98390 ; www.rotaryclubofsumner.org.

Buckley Kiwanis Club, Service club meets 3rd Thursday at 7a.m. Buckley Fire Dept., www.buckleykiwanis.org .

Buckley Eagles Aerie 1387 & Auxiliary, 360-829-1151, www.foe.com, www.facebook.com/pages/buckley-EAGLES .

Wilkeson Eagles Aerie 1409, 360-761-7426, www.foe.com, www.facebook.com/pages/wilkeson-eagles .

Phoenix Masonic Lodge #154, Sumner, 253-709-7038 www.phoenixlodge154.org .

Marion Grange #276, 27725 Sumner Buckley Hwy E, Buckley. Rental info call Noel Argo at 253-862-6076.

Buckley Chamber of Commerce, www.buckleychamber.org .

Beautify Buckley, Hosted by www.justserve.org and City of Buckley, annual event in September.

Beautify Bonney Lake, www.beautifybonneylake.org , annual event in September.

Buckley Merry on Main, www.facebook.com/BuckleyMerryOnMain .

Chamber Collective (Bonney Lake), www.thechambercollective.com , 253-222-5945.

Sumner / Puyallup Chamber of Commerce, www.puyallupsumnerchamber.com 253 845-6755.

Sumner Downtown Association, www.promotesumner.com .

Adopt-A-Street in Bonney Lake: <http://www.ci.bonney-lake.wa.us> (info in Community Section).

Adopt-A-Road in Pierce County: <http://www.co.pierce.wa.us/index.aspx?NID=1744> .

Foothills Historical Museum, Buckley www.cityofbuckley.com/museum, (360) 829-1291.

Sumner Historical Society & Ryan House Museum, www.sumnerhistoricalsociety.com, 253-299-5780.

Greater Bonney Lake Historical Society, www.gblhs.org, 253-447-3268.

Wilkeson Historical Society, email info@carbonrivercorridor.com.

Sumner Bonney Lake School District, 1202 Wood Ave., Sumner; 253-891-6000, www.sumnersd.org.

White River School District, 240 North "A" St., 360-829-0600, www.whiteriver.wednetnet.edu.

Carbonado Historical School District, 427 4th St., Carbonado, 360-829-0121, www.carbonado.k12.2a.us.

White River Education Foundation, www.whiterivereducationfoundation.org.

Sumner/Bonney Lake Education Foundation, www.sblef.org.

East Pierce Fire & Rescue, 18421 Veterans Memorial Dr. E., Bonney Lake; www.eastpiercefirerescue.org ; 253-863-1800.

Russell's Ranch, Buckley, 253-880-4938, <https://friendsofrussell.org/russells-ranch/>.

Foothills Rails-To-Trails Coalition, www.piercecountytrails.org.

Rainier State School, 360-829-6260; www.dshs.wa.gov/dda/consumers-and-families/rainier-school.

ORTING RESOURCES

Orting Family Support Center, 120 Washington Ave. N., 360-893-8500, open Mon - Fri 8-4 .

Orting Food Bank, 224 Washington Ave. SE, 360-893-0095, www.ortingfoodbank.org; Mon. 3-6, Wed. 12-3, Fri. 9 -12 Sat 10-1.

Care Closets in every Orting School (confidential school-based food, toiletry & clothing pantries).

City of Orting Parks & Recreation, 360-893-2119 x120, www.cityoforting.org .

Orting Valley Senior Center, 120 N. Washington, Orting; 360-893-5827.

Orting Library, 292 Washington Ave. S.; Orting; 360-893-2661; www.piercecountylibrary.org.

Orting ECEAP, located behind Orting Elementary School; 360-893-6767, www.co.pierce.wa.us/index.aspx?nid=1973.

The Haven (Teen Center), 112 Train St. SW., Orting, 253-227-4838, www.ortinghaven.com.

Washington Soldier's Home, Orting, 1305 Orting-Kapowsin Hwy, Orting, 360-893-4511 .

Orting School District, 121 Whitsell St., Orting, 360-893-6500, www.ortingschools.org.

Orting Police Department/non emergency, 360-893-3111.

Orting City Building, 360-893-2221.

Fire Department, 360-893-2221.

Indigo, 253-697-3080.

Orting Valley Farmers Market, 360-893-4359.

The Haven Teen Center/Orting, 360-872-8252.

McDonalds Corporate/Sumner/Donations/Dee, 253-862-1200.

Orting Senior Center/Ray Sneesby, 253-219-8725.

Orting United Methodist Church, 509-627-9395.

Orting Valley Recovery Café, 253-443-2321.

Not finding what you're looking for?

- ❖ Call 211 .
- ❖ Find services and apply for benefits at [Washington Connection](http://www.washingtonconnection.org) [HYPERLINK](#) "www.washingtonconnection.org" .
- ❖ Check out [Within Reach Resource Finder at](https://resources.parenthelp123.org) [HYPERLINK](#) "https://resources.parenthelp123.org" .
- ❖ Contact one of the agencies listed on page 2 "General Assistance & Resources".

Looking for more volunteer opportunities?

- *Just Serve* - www.justserve.org, a website where the volunteer needs of organizations may be posted and volunteers may search for places to serve in the community. On Facebook: Just Serve Buckley, Orting, Bonney Lake, Enumclaw.
- *Volunteer Bonney Lake, Buckley & Sumner* - A Facebook page for local postings of volunteer opportunities.
- *The Power of One Day* - Listings to connect volunteers with charities in our area www.thepowerofoneday.com.
- *United Way* - website www.uwpc.org, click "Volunteer" to search opportunities throughout Pierce County.
- *Catholic Community Services* - Lists opportunities available in all areas www.ccsww.org (click on "Volunteer").

About this Resource Guide: The information contained in this guide focuses on basic needs and ways to get involved in the community through community service and support through donations. Every attempt was made to provide accurate and inclusive information. This is not intended as a guide to recreation or all non-profits and service groups. To update/correct information or include new services in Northeast Pierce County (White River, Sumner, Carbonado, and Orting School Districts), please email northeastpierceresourceguide@gmail.com . This resource guide is a volunteer service project and not affiliated with a specific agency or organization.